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KASELEHLIE PRESS

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“Pacific Partnership” to arrive in Pohnpei July 3

USS Cleveland carries multinational team of doctors, dentists and engineers



By *Bill Jaynes*
The Kaselehlie Press

June 23, 2011

Pohnpei, FSM—A multinational team of doctors, dentists and engineers will arrive in the Federated States of Micronesia aboard the USS Cleveland (LPD 7) on July 3 for Pacific Partnership 2011.

An advance team of 25 U.S. Navy engineers from Navy Mobile Construction Battalion 133 based in Gulfport, Miss has been working hard in Pohnpei since

early June. The team has been working on engineering projects at Temwen, Wone, Palikir, Parem and Ohmine Elementary Schools, as well as Saladak Sports Facility. Those projects will be completed during the period of time that the USS Cleveland and its crew are on island July 3 – 15.

The Pacific Partnership 2011 medical team, which includes representatives from Australia, New Zealand, Japan, Canada, Singapore and the United States, as well as members of several non-government organizations, will arrive in

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World Blood Donor Day



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Twenty FSM recruits inducted into the U.S. Armed Forces



(Front L to R), Arthur Nena and John Sigrah. (Back L to R), Jason Tulensru and Seymour Seymour

By *Nathan Fitch*
The Kaselehlie Press

June 23, 2011

Pohnpei, FSM—Twenty young FSM citizens stood with their heads high and their right hands held aloft today as they prepared to take the oath of enlistment to the U.S. Armed Forces. The audience of more than 70 people, many of them the friends and family members of the future soldiers, looked on attentively. Even children stopped their fidgeting.

As Captain Esteban Kemmey and staff sergeant Walter Asher administered the oath, each of the young men and women solemnly mouthed the words that will commit them to the service of the United States Military in the months and years to come.

“I do solemnly swear that I will support and defend the Constitution of the United States against all enemies...”

The program for the oath of enlistment that was held at the US Embassy in Kolonia Pohnpei on June 23rd opened with an invocation by the Rev. Joseph Billoti and the piped in playing of the FSM and U.S. National Anthems respectively. As a light rain began to fall, First Sergeant Albert Fagan offered the recruits and audience a few welcoming words.

Lori P. Dando, Charge’s d’Affaires of the US Embassy to the FSM made a short speech during which she acknowledged the challenges that the new recruits are sure to face in boot camp. Despite the coming adversity she told the recruits that she had faith in their success. Dando spoke of her father’s service during WWII in the Marshall Islands and of the long standing mutual relationship between the FSM and the United States.

Lorin Robert, Secretary of the FSM Department of Foreign Affairs also spoke. He congratulated the recruits and encouraged them and the members of the audience to visit and pay respect to the portraits of fallen soldiers of the FSM currently on display at the Pohnpei International airport. He said that rather than looking at those portraits as morbid tokens of the worst-case scenario he hoped that FSM citizens would take the same kind of pride that he feels toward the young men and women of the FSM who have made the ultimate sacrifice for the safety and security of the world.

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Free gas for Fishing Club Winners



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Olympic Day walk/run



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US and Japan agree to postpone Guam military buildup

By **Bill Jaynes**
The Kaselehlie Press

June 22, 2011

Pohnpei, FSM—Eight years was too ambitious a goal for the relocation of the military base in Futenma, Okinawa, Japan and to also relocate approximately 8000 U.S. Marines from Okinawa to Guam. So said statements issued today by U.S. and Japanese representatives.

"Completion of the FRF (Futenma Replacement Facility) and the Marine relocation will not meet the previously targeted date of 2014," the two allies said in a statement following cabinet-level talks in Washington yesterday, an Aljezeera news article said today.

US Secretary of State Hillary Clinton and US Defense Secretary Robert Gates hosted their respective Japanese counterparts, Takeaki Matsumoto and Toshimi Kitazawa for Security Consultative Committee talks yesterday. It was the first 2+2 meeting between the allies in four years.

The two governments promised to complete the projects 'at the earliest possible date after 2014.'"

Today's announcement regarding U.S. troop realignments in Okinawa was not a treaty obligation between the allies.

Neither was the 2006 commitment but both

governments have made multi-billion dollar commitments toward the Okinawa troop realignments.

Meanwhile there are all manner of mixed messages from the U.S. about Okinawa troop realignments.

For Micronesian nations the most confusing messages center on the military buildup in Guam.

Some U.S. lawmakers are saying that troop realignment arrangements are "unrealistic, unworkable, and unaffordable."

A June 17 press release by the U.S. Senate Armed Forces Committee chaired by Senator Carl Levin, a Democrat from Michigan said that the Committee had completed its markup of the \$682.5 billion budget for national defense programs for Fiscal Year (FY) 2012. Left on the cutting room floor after the bi-partisan committee unanimously approved the bill on June 16 was all of the \$180 million that would have gone toward furthering the process of relocating some 8000 US Marines from Japan's Okinawa prefecture to Guam, potentially with their families.

The press release which summarized the committee's markup of the budget said that the committee placed a "prohibition on funds for the realignment of USMC forces from Okinawa to Guam until the Commandant of the Marine Corps provides an updated force lay-down. The Secretary of Defense must also submit a master plan to Congress detailing construction costs and schedule of all projects necessary to realize the Commandant's force lay-down..."

Senator Clair McCaskill a Democrat from Missouri, the "Show Me State," who chairs the Subcommittee on Readiness and Management Support made a strong statement during a hearing. "This subcommittee will not authorize such multibillion-dollar projects without showing the rigorous analysis behind why we are doing what we are doing and a well-thought-out master plan of how we are going to get it done at a set cost and on a set schedule."

McCaskill's statement came just a few days before Senator Judi Guthertz, Guam's military buildup committee chairperson received a letter from Assistant Secretary of the Navy Jackalyne Pfannenstiel.

According to an article by Therese Hart, Marianas Variety Chief Reporter, Pfannenstiel affirmed in her letter, the U.S. government commitment to the relocation of Marines from Okinawa to Guam. She wrote that the United States has received similar assurances from Japan, despite the devastating disasters there in recent months.

"The Department [of Navy] will continue to work with Congress to address their concerns and secure necessary funds to support construction on Guam."

"While we are committed to mitigating the impacts of the relocation, we must look for cost-effective ways to do so," Pfannenstiel stressed.

Guthertz told the Marianas Variety that Guam must "be patient and wait to see what happens."

She said, "The entire 3rd Marine Division and the 1st Marine Air Wing and its logistical component, more than 18,000 Marines, are currently based in Okinawa - together, perfectly located, from their point of view, in the heart of the Asian-Pacific region, and close to its amphibious ships in Sasebo, Japan. Why would the Commandant want to back away from the potential area of conflict, split his force, and start all over again developing training and exercise facilities? We must face the reality that our Marines are being pressured to reduce their presence on Okinawa."

"Japan is the nation that wants the redeployment to happen, not the United States. Therefore, our Senate may require the Marine Commandant to certify his 'preferred lay down of his forces in the Pacific.' His preferred lay down is to stay right where he is - in Okinawa. However, he will be under orders to move about half of his forces out of Okinawa," Guthertz told the Marianas Variety.

"Our Marines will not be going to the Philippines or to Australia or anywhere else but Guam. As our realtors are fond of saying, 'It's all about location, location, location.' I am confident that the Marine Commandant can produce the desired document, even though he will be perhaps pinching his nose while he does it," she added.

If the loudly reported voices of Guam's citizens over the last five years are to be believed, most Guamanians are either wary or vehemently opposed to the proposed buildup.

It seems that U.S. lawmakers have heard their voices loudly and clearly. But those voices may only actually represent a small but vocal portion of the residents of Guam.

See "Guam buildup" on page 6

Deadline

Submissions of articles, advertisements, community service items and other items for the next issue of The Kaselehlie Press is:

July 6, 2011

The Kaselehlie Press

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Bill Jaynes
Managing Editor

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...Recruits

Continued from front page

Following the distribution of tokens of appreciation to dignitaries and special guests in attendance, each of the future soldiers was recognized by name.

The new recruits are Robert Alex, Quintin P. Amida, Vensis Alphonz, Sharon Asher, George George, Dam Hairom, David Hawley, Duran Henry, RJ Spencer Joe, Jayson Miguel, Bo Nedlic, Arthur M. Nena, Michael Peter, Baxter Poll, Janick Saick, Seymore Seymour, Joab K. Sigrah, Jason E. Waguk, Burtha William and Bryan Willaim.

Of the twenty future soldiers, forty percent come from the island of Kosrae.

The ceremony closed with a benediction by Rev Billoit, and an opportunity for those in attendance to shake hands with the newly sworn in US Soldiers, who stood in a line wearing khaki colored t-shirts with the slogan "Army Strong" written across their chest.

The program officially concluded at noon and was followed by an informal lunch of local food during which all in attendance mingled as the skies began to clear.

The deployment dates of the newly sworn in soldiers will vary, but a few, including Arthur M. Nena will not leave for boot camp until January 2012.

President Mori has called a Special Session of Congress

FSM Information Services

June 16, 2011

President Manny Mori, in a letter to Speaker Isaac V. Figir, dated June 10, 2011, has called for a twelve-day special session of Congress, to commence on July 25, 2011.

This will be the First Special Session of the 17th FSM Congress, which will take place after results of the special elections in Kosrae and Chuuk States have been certified by the FSM Election Commissioner, to fill vacant at-large seats vacated by President Manny Mori and Vice President Alik L. Alik when they were re-elected by Congress on May 11, 2011, to a second term.

The President indicated in his call for a special session that four (4) urgent issues should be considered by Congress including, nominations for Cabinet Members and Ambassadors, proposed fiscal year 2012 budget, fiscal year 2011 supplemental budget, and the budget for the Program Management Unit, Department of Transportation, Communication, and Infrastructure.

The Congress had started its review of the proposed fiscal year 2012 budget for most departments and offices of the FSM National Government at its First Regular Session last May.

The special session will precede the 16th Micronesian Chief Executives'

Summit which is scheduled from July 27-28, and which will be co-hosted by the National Government and Pohnpei State, and the Micronesian Presidential Summit which will be held the afternoon of July 28. The Congress will recess for the Inauguration Ceremony which is scheduled on July 29 at the China-FSM Friendship Indoor Auditorium in Palikir.

CORRECTIONS AND APOLOGIES

In our article covering the graduation ceremony for PIGS graduates we misspelled the name of the Class Valedictorian. The 2011 Class Valedictorian is Cheryll Ligoehr. We are proud of her for her accomplishments and are sorry that we relied on incorrect information.

CONGRATULATIONS, CHERYLL LIGOHR! You are an inspiration!

Also we said in the last newspaper that we would run photos and stories on the High School graduations for Nanpei Memorial School and for Madolenihmw High School. Unfortunately, the person from the Department of Education who promised that material did not come through. We're proud of the graduates from those two high schools as well!

*Bill Jaynes
Managing Editor
The Kaselehlie Press*

INVITATION TO BID Request for Quotation - Desktop PC's

The Federated States of Micronesia Telecommunications Corporation (FSMTC) is requesting submission of quotations for the procurement of Fifty (50) Business Grade Desktop Computers complete with Monitors, Keyboards and Mice from reputable and qualified suppliers. Responses to this request for quotation will be accepted from both local and international vendors, however where viable, all efforts will be made to award the winning response to a local supplier.

Pick up a copy of the RFQ (Request for Quotation) at your local FSM Telecom office or download a copy from the FSMTC website (www.telecom.fm) for a detailed list of the minimum specifications for the desktop computers subject to procurement. Where an alternate solution has been specified, an explanation of why the alternate was specified is mandatory in the response. Any response that fails to meet the specification or offer no explanation of alternate configurations will be immediately dismissed.

The selection process will take into consideration various aspects, including but not limited to: total cost, delivery, propinquity to the specification, warranty and local vendor reputation.

All submissions are to be made directly to the FSMTC ISD Department through the following channels:

Email: thubbard@fsmtc.fm
Post: P.O. Box 1220, Kolonia, Pohnpei, FM 96941

The deadline for accepting of submissions will be: close of business on July 2, 2011. Extensions to the deadline can be requested in writing and will be reviewed on a case by case basis. For further information or questions, please contact Tyler Hubbard through the channels detailed herein.



The FSM Telecommunications Corporation
www.telecom.fm customerservice@mail.fm

World Blood Donor Day 2011

By *Lisa Kohler*

National Transfusion Safety Officer, DHSA

On June 14th, the Micronesia Red Cross Society, Pohnpei Health Services, and the National Department of Health and Social Affairs celebrated World Blood Donor Day in the State of Pohnpei. Temporary blood typing clinics and information stations were set-up outside FSM Telecom, Palm Terrace, and the Department of Health in Palikir to give people the opportunity to find out their blood types, learn more about blood donation, and become registered voluntary, non-remunerated blood donors. A similar event is planned for July in Chuuk with the assistance of the Chuuk Women's Council (CWC), which has enthusiastically taken on the task of assisting health services with donor recruitment.

World Blood Donor Day is held every year on June 14. This date was chosen by the World Health Assembly because it is the birth date of Karl Landsteiner, the scientist who discovered the ABO blood group system. On or around this date, countries across the globe plan activities promoting a safe and adequate blood supply that is accessible to all patients who require transfusion.

Approximately 350 people came out to the World Blood Donor Day events on Pohnpei, and of these, 296 had a finger prick check of their blood group and 120 registered to become voluntary, non-remunerated blood donors.

The FSM blood donation mascot, Benny the Blood Drop, popped by to add some color and fun to the event. He proved a big hit with children and adults alike. Photos of Benny and some of his potential donor friends can be found on the FSM health website (www.fsmhealth.fm). Although the free t-shirts were in limited supply, our blood bank slogan "Sapankihda nta, iei, sapankihda mour" generated a lot of debate amongst the Pohnpeian language scholars in attendance.

Of the Pohnpei participants who had their blood group checked, 39.0% were group O positive, 32.0% were group A positive, 22.0% were B positive, and 7.0% were group AB positive. No Rh negative potential donors were found. Rh negative blood types are rare in the FSM, making donors difficult to find when needed. If you are Rh negative, and would like to be registered as a potential blood donor, please call 320-7077 (MRCS) or 320-8300 (DHSA).

The blood bank in the Pohnpei hospital will be keenly monitoring its statistics, eagerly anticipating an increase in volunteer donors in response to the blood donor recruitment activities.

Blood Donation in the FSM

FSM is actively working towards a goal of 100.0% voluntary non-remunerated blood donations. The safest blood donors are voluntary, non-remunerated (unpaid) blood donors from low-risk populations. Greater than 80.0% of donors in the FSM, however, are family donors, which are associated with a significantly higher prevalence of transfusion-transmissible infections (TTIs), including HIV, hepatitis B, hepatitis C, and syphilis. Often family members are put under pressure to donate, and thus may not be willing to disclose any high risk behavior, or may be pressured into donating when they are not feeling fit and strong, or just after spending a quiet evening at a sakau bar. The practice of paying donors has been banned in the FSM and around the world, as paid donors, prisoners, and donors who have been coerced to donate have been found to have the highest rates of infectious disease that may be passed on to a patient receiving a transfusion.

Most people in the FSM have had the frantic experience of trying to find donors when family and friends require a blood transfusion. Patients requiring transfusions may have to wait an unacceptably long time for a transfusion, unless adequate stocks of blood are available in hospital blood banks at all times for any patients requiring transfusion.

Annually, hospitals in the FSM need

around 2,000 units of blood. If 3.0% of the population became volunteer blood donors, we could easily meet our transfusion needs.

Blood from donors can be stored in dedicated blood bank refrigerators for up to 5 weeks. If a bank of blood was available at all times, monitored by trained blood bank supervisors, then blood stocks could be managed better, and the need for emergency calls for donors would be significantly reduced.

Healthy individuals can donate up to 4 times a year; so even if people were willing to commit to donating 2 times a year, FSM could meet its transfusion needs with around 500 dedicated donors.

The Blood Donation Process

When you donate blood, approximately 470ml (about one pint) of blood is taken. There is enough blood in the body to donate this amount without experiencing any ill effects.

Your body will make new blood after each donation. Within 2-3 hours of donating, your body will have replaced the fluid lost in the donation, especially if you drink plenty of water or juice before and after donating. Red blood cells are replaced with 3-4 days, especially if you eat iron-rich foods, such as lean red meat and dark green leafy vegetables. White blood cells are generally replaced by your body within about 3 weeks of donating.

All blood is collected according to standard operating procedures recommended by the International Society for Blood Transfusion, including the use of sterile, single-use needles and blood bags. Blood donations are screened for hepatitis B, hepatitis C, HIV, and syphilis. Even with this screening, some infections that can be



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transmitted through a blood transfusion might be missed, which is why all donors are interviewed as well. You will be asked a lot of health-related questions; some of these will be rather personal and may be embarrassing, but they are necessary to ensure the safest blood supply possible.

Before donating, you will also be given a mini health check. Your blood pressure and pulse will be taken, along with a check of your hemoglobin, to ensure that you can safely tolerate the donation.

So, when you are feeling fit and well and want to share your good health with your fellow community members, why not call your state hospital blood bank, and make an appointment to donate blood?

Give the gift of life and make an appointment to donate blood at your hospital laboratory: Pohnpei: 320-2212 ext 126; Chuuk: 330-2210; Kosrae: 370-3199; Yap: 350-2115. If you need assistance with transport, or would like to register as a blood donor to be called in when needed, contact the Micronesia Red Cross Society at 320-7077; in Chuuk contact the Chuuk Women's Council at 330-8396.



...USS Cleveland

Continued from front page

Pohnpei July 3 aboard USS Cleveland (LPD 9), the flag ship for the mission.

Medical and dental services will be provided free of charge from 9 a.m. until 4 p.m. at the Chuuk State Hospital from July 5 to 7, and in Pohnpei at Nanpei Memorial High School from July 6 to 9, Lukop Elementary School from July 11 to 13 and Pohnpei State Hospital from July 12 to 13. A wide variety of out-patient, non-surgical services will be offered on a first-come, first-serve basis to anyone of any age. Those in urgent need of care will be identified and seen as soon as possible.

In addition to the medical, engineering and community services that will be conducted throughout the mission in FSM, there will also be several ceremonial, sports and music events that will be open to the public and free of charge.

On Monday, July 4, at 10 a.m., there will be an opening ceremony for the Pacific Partnership 2011 mission in FSM at the Pohnpei State Administration Complex. At 2 p.m., the USS Cleveland softball team will compete against the Madolenihmw team, then LPG team at the Spanish Wall softball field. At 5 p.m., the Pacific Partnership band will team with local musicians to host a music concert, also at the Spanish Wall.

On July 5, 11 and 12, at 5:30 p.m., the USS Cleveland soccer team will play local teams at the Pohnpei Track and Field Facility.

On July 6, 7 and 8, at 5 p.m., the USS Cleveland basketball team will compete against local teams at the College of Micronesia Gymnasium.

On Friday, July 8, at 12 p.m., there will be a ribbon cutting ceremony at the Ohmine Elementary School to celebrate the completion of the Pacific Partnership construction project at the school.

On July 9 and 10, at 3 p.m., the USS Cleveland softball team will compete against the team from Nett at the Spanish Wall softball field.

On Sunday, July 10, at 3 p.m., following the softball game, the Pacific Partnership band will team with local musicians to host a music concert from 5 p.m. until 7 p.m., also at the Spanish Wall.

On Tuesday, July 12, at 1 p.m., there will be a ribbon cutting ceremony at the Wone Elementary School to celebrate the completion of the Pacific Partnership construction project at the school.

On Wednesday, July 13, at 1 p.m., there will be a ribbon cutting ceremony at the Temwen Elementary School to celebrate the completion of the Pacific Partnership construction project at the school.

Lastly, on Thursday July 14, the closing ceremony for the Pacific Partnership 2011 mission in FSM will be held at the Pohnpei State Administration Complex.

Now in its sixth year, Pacific Partnership 2011 is aimed at strengthening regional

relationships with Southeast Asian and Oceania nations that might be called upon to respond to natural or humanitarian disasters in the region. Pacific Partnership is designed to enhance these relationships through medical, dental and engineering projects, as well as subject matter expert exchanges (SMEEs).

This year's mission began on March 21 and has already visited Tonga, Vanuatu, Papua New Guinea and Timor Leste.

"Since the 2004 Tsunami that caused profound suffering in several South East Asian countries, we have learned that by working together we are better prepared to overcome the considerable challenges caused by natural disasters," said U.S. Navy Capt. Jesse Wilson, Pacific Partnership 2011 Mission Commander, and Commander of Destroyer Squadron Twenty Three.

The amphibious transport dock ship USS Cleveland (LPD-7) is the lead U.S. vessel. Ships from Australia, Japan, and New Zealand, and a helicopter crew from France, will join the USS Cleveland during different phases of the mission though not during the FSM mission. Canada, Singapore, and Spain will also deploy teams to support the mission.

Non-governmental organizations (NGOs) will embark on the USS Cleveland to partner with its multinational crew to provide medical, dental, veterinary, and engineering services to local communities identified by host nations.

In addition to medical and engineering infrastructure projects, partner nations and NGOs will work with their host nation counterparts on developing sustainability projects and SMEEs on a range of topics, including methods of recycling, clean water practices, and alternative energy initiatives.

"Our goal is to build sustainable partnerships and projects that will strengthen alliances while working to prevent or mitigate humanitarian disasters," said Capt. Wilson."

Over the past five years, Pacific Partnership has provided medical, dental, educational, and preventive medicine services to more than 300,000 patients in 13 countries. More than 130 engineering projects in more than a dozen countries have included school refurbishment and construction of entirely new clinics for providing essential medical services to remote villages and communities.

Lt. Zachary Harrell, Pacific Partnership 2011 Public Affairs Officer said that the USS Cleveland which carries approximately 700 people aboard is too large to dock at the Pohnpei Port Authority dock. He said during a media coordination meeting that while that fact creates some logistical problems in terms of shore leave time for members of the mission to visit local sites and businesses, efforts will be made for some crew members to be able to enjoy Pohnpei and perhaps to stimulate the local economy on a small scale.

This article was compiled primarily from press releases by Lt. Zachary Harrell and Lt. Cmdr. Daniel Bernardi, Pacific Partnership 2010 Public Affairs

NOTICE OF LAND SALE BY AUCTION

Pursuant to the order of the FSM Supreme Court entered on April 20, 2011, public notice is hereby given that the parcel described below will be sold by auction to the highest bidder under the following terms:

Lot No. 61618, land known as "Winipon", situated in Sapuk Village, Weno Municipality, Chuuk State, with an approximate area of 3,337.25 square meters, as described in the Certificate of Title issued on November 11, 1995 and registered as Doc. No. 43234 at the Office of the Registrar, Chuuk State Land Commission and as further described in Drawing P.I. 5, registered as Doc. No. 4323.

- There is no minimum bid amount for the parcel.
- Bids shall be submitted in a sealed envelope marked "June 30, 2011 Land Auction" by personal delivery to Ms Janet Sisam at the front entrance area of the FSM Supreme Court courthouse in Weno, Chuuk on Thursday, June 30, 2011 between 2 p.m. and 4:00 p.m.
- The deadline for submitting bids will be 4:00 pm, Thursday, June 30, 2011.
- All bid submissions must state the full name, mailing address, phone or fax numbers, e-mail address or other valid contact information for the person submitting the bid.
- All bid submissions must clearly state the bid amount.
- The winning bidder shall be conveyed title through a duly issued Court order transferring title to the land, including all buildings, fixtures, equipment, and other improvements on the land, upon delivery of a cashier's check in the full amount of the bid payable to the "FSM Development Bank" no later than ten (10) days after notice of award is given. The winning bidder must be eligible to hold title to land in the Federated States of Micronesia.
- If the winning bidder fails to remit payment within the required time, the award will be granted to the next highest bidder and the same conditions will apply.
- The parcel is offered for sale "as-is" with no guarantees or warranties as to its condition whatsoever.

Questions concerning this auction may be directed to
Nora E Sigrav, Legal Counsel,
email: noras@fsmdb.fm,
FSM Development Bank,
PO Box M,
Pohnpei, FM 96941,
phone no. 691-320-2840, fax no. 691-320-6533,
website: www.fsmdb.fm



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...Guam buildup

Continued from page 2

A survey commissioned by Para Hita Todu ("For All of Us" in the Chamorro language) and conducted by Market Research and Development, Incorporated says that only 16 percent of Guamanians oppose the military buildup, according to the Marianas Variety.

MV's article says that 60 percent of local residents "support the military alignment and the related development associated with the buildup."

It's possible that 24 percent of the population is simply wary. The survey showed that percentage of the population "could not decide one way or the other how they feel about the buildup."

The article said that the three top stated reasons among those 16 percent of local residents who do not support the buildup were feelings that the buildup would hurt the local culture, that the buildup would bring too many outsiders, and that the promised benefits would not happen.

The 60 percent segment of Guam residents who supported the buildup in Guam said that they felt it would create jobs, improve the economy today and into the future and would generate tax revenues for the government.

"While most of those opposed to the buildup are Chamorro (11%), there are 2.5 times as many Chamorro residents in favor of the buildup (26 percent)," the Marianas Variety article said.

Para Hita Todu is a newly formed community development corporation with a mission to embrace the opportunities from the military buildup. It consists of several local mayors, businessmen and other community leaders. Dededo Mayor Melissa Savares is the chairperson for the organization and represents about 40,000 Guam residents.

The relocation of Marines and potentially their families to Guam looms large on the horizon of economic hopes for Guam's neighboring Micronesian island nations whose citizens have been hoping for the possibility of economic spillover from the promised military buildup in Guam.

Lorin Robert, Secretary for Foreign Affairs for the Federated States of Micronesia said that FSM President "Manny" Mori has gone on record many times in Guam and in Washington D.C. saying that the FSM supports the relocation of 8000 U.S. Marines from Okinawa to Guam for many reasons including increased security in the Asia Pacific region.

"Some of our citizens have already benefited from the anticipated buildup in Guam," Robert said. "Some of them have taken part in vocational training in Guam through the Center for Micronesia Empowerment."

Some of those citizens have returned to the FSM workforce and others have found gainful employment in Guam after their training by the non-profit organization.

Robert said that there is some hope for the future that soldiers and their families stationed in Guam might use at least some of their leave time to visit the beautiful tropical islands of the FSM, particularly those most easily accessed from Guam.

A steady flow of tourists would stimulate the FSM's lackluster economy.

The U.S. Senate Armed Forces Committee's denial of budget for the planned military buildup in the 2012 budget is by no means the final word on the matter. The full Senate has yet to vote on the committee recommendation.

The U.S. House of Representatives has already done so. That body's version of the National Defense Authorization Act (NDAA) for Fiscal Year (FY) 2012 includes funding for the military buildup in Guam.

Since there are discrepancies between the versions of the bill between the two bodies a joint Senate and House conference committee will need to be called before a final version of the 2012 NDAA emerges from Congress.

President Obama would then need to sign the finalized bill into law, veto it or let it pass into law without his signature. If he were to veto the bill the combined houses of Congress could overturn a Presidential veto.

For now, the most encouraging words on Guam's troop relocation are coming from representatives of the Executive Branch.

Secretary Gates said during a post 2+2 press conference, "Secretary Clinton and I both informed our colleagues this morning that the letter from Senators Webb and Levin about the realignment is really a manifestation of growing congressional impatience with the lack of progress. We both reaffirmed the U.S. Government's commitment to the 2006 realignment plan, but at the same time emphasized the importance of concrete progress over the course of the next year."

Police review update

21 June 2011

Chief of Police for Pohnpei State, Mr. Joe Roby has announced that the consultation phase of a Performance Review into the Pohnpei State Police has been completed.

The review was commissioned by the Director of the Department of Public Safety Mr. Lucas Carlos and Chief of Police Joe Roby and is being assisted by members of the Australian Federal Police, Pacific Police Development Program (PPDP).

The review is designed to assist in setting a stable course for the future of the police as they move towards preparing their strategic plans and goals for the future.

The consultation process involved three teams, made up of three Pohnpei State police officers and three officers from the PPDP. Interviews have been conducted with input from a wide cross section of the community.

The information gathered during the consultation phase will now be analyzed and the outcomes and recommendations

will be developed into the final Review Report. It is expected that the report will be available for dissemination to Government and interested stakeholders by the end of July.

Chief Roby has expressed his gratitude to the community for their input to the review.

"I am grateful for the input by the community. The review team spoke to a large number of people and community groups. Their input was very valuable and without it the review would not have been possible.

"It is too early to predict the outcomes of the report but I am certainly looking forward to it so we in the police will have a clearer picture of what areas will need addressing" Chief Roby said.

Chief Roby also thanked the PPDP for their ongoing support through funding a new supply of uniform items and police notebooks. It is assistance like this that helps us make those necessary improvements in our organization Chief Roby said.

NOTICE OF LAND SALE BY AUCTION

Pursuant to the order of the FSM Supreme Court entered on May 20, 2011, public notice is hereby given that the leasehold interests in the parcel described below will be sold by auction to the highest bidder under the following terms:

Leasehold interests in parcel no. 092-H-01, land known as "Togmaa", situated in Yinuf Village, Rull Municipality, Yap State, with an approximate area of 1,882 square meters, as described in the Certificate of Title issued on September 4, 1996 and registered as Doc. No. 3414 at the Registrar, Yap State Land Commission, with all improvements, including an apartment building, fixtures & equipment, excepting tenant-owned furnishings & equipment.

- Bids shall be submitted in a sealed envelope marked "August 4, 2011 Land Auction" by personal delivery to Ms Katherine Gisog at the front entrance area of the FSM Supreme Court courthouse in Colonia, Yap on Thursday, August 4, 2011 between 2:00 and 4:00 p.m.
- The deadline for submitting bids will be 4:00 p.m. on Thursday, August 4, 2011.

Pursuant to the order of the FSM Supreme Court entered on May 13, 2011, public notice is hereby given that the parcel described below will be sold by auction to the highest bidder under the following terms:

Parcel no. 045-E-30, situated in Lohd-powe section, Madolenihmw Municipality, Pohnpei State, with an approximate area of 7,608 square meters, as described in the Certificate of Title issued on June 2, 2005 and registered as Document No. 20533 at the Office of the Registrar, Pohnpei Court of Land Tenure.

- Bids shall be submitted in a sealed envelope marked "August 4, 2011 Land Auction" by personal delivery to Mr Ricky Jano at the front entrance area of the FSM Supreme Court courthouse in Palikir, Pohnpei on Thursday, August 4, 2011 between 2:00 and 4:00 p.m.
- The deadline for submitting bids will be 4:00 p.m. on Thursday, August 4, 2011.

INFORMATION APPLICABLE TO BOTH PARCELS

- There are no minimum bid amounts for the parcels. You may bid on one or both of the parcels.
- All bid submissions must state the full name, mailing address, phone or fax numbers, e-mail address or other valid contact information for the person submitting the bid.
- All bid submissions must clearly state the bid amount for each parcel.
- The winning bidder shall be conveyed title through a duly issued Court order transferring title or the leasehold interest to the land, including all buildings, fixtures, equipment, and other improvements on the land, upon delivery of a cashier's check in the full amount of the bid payable to the "FSM Development Bank" no later than ten (10) days after notice is given.
- The winning bidder must be eligible to hold title to land in the Federated States of Micronesia.
- If the winning bidder fails to remit payment within the required time, the award will be granted to the next highest bidder and the same conditions will apply.
- The parcels and any improvements thereon, are offered for sale "as-is" with no guarantees or warranties as to their condition whatsoever.
- Questions concerning this auction may be directed to Nora E Sigras, Legal Counsel, email: noras@fsmdb.fm, FSM Development Bank, PO Box M, Pohnpei, FM 96941, phone no. 691-320-2840, fax no. 691-320-6533, website: www.fsmdb.fm

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KING OF BEERS

PROUDLY PRESENTS

Cupid's Bar & Grille

KARAOKE

4



SCORESHEET

1st ROUND		2nd ROUND		FINAL ROUND	
Steinicia Otter	124	Steinicia Otter	120	Steinicia Otter	119
Jennelyn Pascua	121	Maureen Curtin	106	Maureen Curtin	86
Juliana Preston	113	Jennelyn Pascua	101	Jennelyn Pascua	84
Luke Drakovich	110	Juliana Preston	97		
Maureen Curtin	101	Luke Drakovich	86		
Arjenica Pascua	94				
Mary Joy Santos	83				
Tyrene Welly	81				
Ausei Rabino	80				
Keoni Welly	69				
Ricky Padua	64				

JUDGES

Bill Jaynes, Kaselehlie Press
 Sam Uprichard, Australian Embassy
 Thomas Reher, Etched Enterprise

JUDGING CRITERIA

Physical Presentation; Audience Response;
 Stage Presence; Vocal Presentation; Song Difficulty.



(L-R) Sam Uprichard (Judge), Bill Jaynes (Judge), Steinicia Otter (1st Place), Jennelyn Pascua (2nd Place), Juliana Preston (4th Place), Maureen Curtin (2nd Place), and Thomas Reher (Judge)



PHOTOS COURTESY OF ANNA KALINOS & DENISE ETICHNET

PHOTOS COURTESY OF ANNA KALINOS & DENISE ETICHNET

PetroCorp provides the gas

Saturday the 18th of June saw the Pohnpei Fishing Club host the PetroCorp Fishing Tournament. There had been whispers of large yellowfin being caught; with several sighted at the fish markets around Kolonia. The weather had been a little rough leading up the tournament and resulted in low numbers turning up for registration the night before at the Pohnpei Surf Club.

PetroCorp was extremely generous with the prizes that they donated. All thirteen boats that faced the conditions were rewarded with 12 gallons of fuel and 8 litres of oil. With the cost of registration well and truly covered our club fishermen set out to try land some big fish and win even more of the PetroCorp fuel vouchers on offer. Three marlin were hooked and lost so it was the case of the 'invisible marlin' yet again.

Once again Alex Tretnoff proved that he is one of the premier fishermen on the island. After fighting a fish that was original thought to be a marlin for thirty minutes a goliath sized yellowfin finally came unwilling to the surface. Alex's fish was weighed in at an impressive 111.5lbs and took out the first prize. A couple of late season wahoo were also landed during the tournament which were a more than welcome surprise. The schools of skipjack ensured that everyone caught a few fish and made it worth the day out on the water.

The tournament prizes were based around

'big fish' with only one prize being awarded per boat in an attempt to ensure that as the generous fuel vouchers were spread out as much as possible amongst the competitors. This resulted in some big fish not being eligible for prizes as the boats could only use their biggest fish in an attempt to win a prize. The results of the tournament are as follows:

- Biggest Fish (111lb Yellowfin Tuna) caught by Alex Tretnoff winning 65 gallons of gas.
- 2nd Place (26lb Wahoo) caught by Konrad Englberger winning 50 gallons of gas.
- 3rd Place (15lb Skipjack) caught by Junior Yamada winning 30 gallons of gas.
- 4th Place (15lb Skipjack) caught by Benezzer winning 25 gallons of gas.
- 5th Place (9.5lb Skipjack) caught by Trevayne Esiel winning 20 gallons of gas.
- Lady Angler (12.5lb Skipjack) caught by Janet Franklin winning 25 gallons of gas.
- Junior Angler (5.5lb Skipjack) caught by Trexlee winning 25 gallons of gas.
- Boat Weight (90lbs) caught by the crew of Hunter, skippered by Jula Porter, winning 25 gallons of gas.

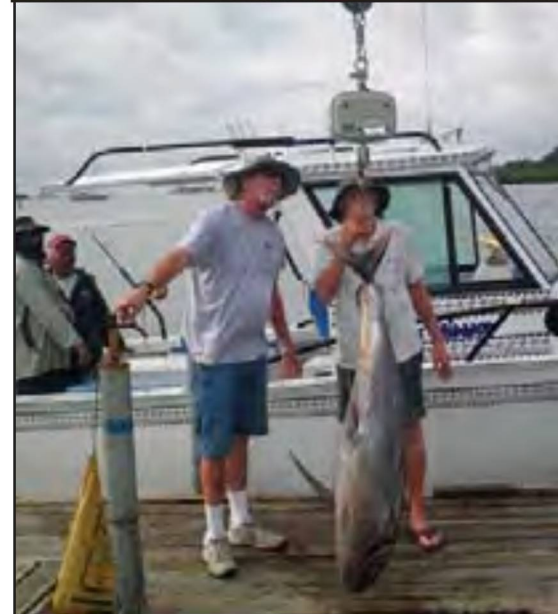
The Pohnpei Fishing Club would once again like to thank PetroCorp for the generous prizes provided for the tournament. They would also again like to mention the generous contributions of their time made by Jeff Fowler (BBQ), Noel Boylan and Bob Spegal (weigh masters) and Bill from ACE Hardware

for assisting with the weigh-in. Without the contributions of these members on tournament days the club could not have hosted such a successful competition. At this stage there will be no July competition

with details of future competition yet to be confirmed, so keep your eyes open for posters around town. Don't forget to check the Pohnpei Fishing Club on Facebook.



(Left) Trevayne Esiel from PetroCorp congratulates Alex on his winning fish.
(Bottom Left) 111.5lbs of yellowfin caught by Alex Tretnoff
(Bottom Right) Vistor to Pohnpei June Russell is very impressed by the large yellowfin





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 <small>Ref. 7412</small> PRICE: \$2,190 MITSUBISHI PAJERO JR 4WD <small>Year 1995 AT 1,100cc PETROL</small>	 <small>Ref. 7754</small> PRICE: \$2,690 MAZDA BONGO TRUCK 0.85tons <small>Year 1995 MT 1,500cc PETROL</small>	 <small>Ref. 7834</small> PRICE: \$2,790 HONDA CR-V 4WD <small>Year 1996 AT 2,000cc PETROL</small>

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Development Bank
P.O. Box M
Kolonia, Pohnpei, FM 96941**

Opening Date: June 2, 2011
Closing Date: July 1, 2011

POSITION ANNOUNCEMENT 2011-01-B

It is the policy of the FSM Development Bank that FSM citizens be given first priority for employment consideration with other Micronesians, U.S citizens, and other nationals utilized in positions for which no qualified citizens are available.

POSITION & GRADE: Junior Auditor, Grade 4

LOCATION: FSM Development Bank, Corporate Office

SALARY: \$16,515.20 per annum, higher salary may be considered depending upon qualification.

SUMMARY: *Assists carry out the role of the Internal Auditor. The work involves conducting performance, financial, and compliance audit engagements; providing consulting services to the organization's management and staff, providing input to development of the annual audit plan; and conducting special compliance reviews as required. The Junior Auditor maintains all organizational and professional ethical standards and works as the lead staff Auditor on all audit engagements under the immediate supervision of the Internal Auditor.*

SPECIFIC DUTIES AND RESPONSIBILITIES includes, but not limited to the following:

1. Assists in identifying and evaluating the organization's risk areas and provides input to the development of the annual audit plan.
2. Performs audit procedures, including identifying and defining issues, developing criteria, reviewing and analyzing evidence, and documenting client processes and procedures.
3. Conducts interviews, reviews documents, develops and administers surveys, composes summary memos, and prepares working papers.
4. Identifies, develops, and documents audit issues and recommendations using independent judgment concerning areas being reviewed.
5. Communicates or assists in communicating the results of audit and consulting projects to management and the board of directors.

QUALIFICATION REQUIREMENTS:

Bachelor's Degree in Accounting, Finance, Business Administration or related field from an accredited college or university; plus minimum of two years experience in accounting, auditing or related field.; or equivalent combination of education and experience.

Telephone: (691) 320-2840/5300/2419; Fax: (691) 320-2842

The FSM Development Bank is an equal opportunity employer, provider and lender. For Discrimination Complaints, please write to: the Chairman of the Board of Directors, P.O. box M, Kolonia, Pohnpei 96941; E-mail: info@fsmdb.fm

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The Secretariat is looking to appoint a suitably qualified and experienced person to work as Director Political Governance and Security.

The Director will be accountable to the Deputy Secretary General (Economic Governance & Security) for:

- Team performance and leadership of the Political Governance and Security Programme;
- Support to the Secretary General;
- Policy Advice;
- Management and coordination of high-level meetings and political relations with members, associate members, observers, territories and external partners; and
- Financial management and continuous improvement.

Applicants should have Post-graduate qualifications in law, political science, international studies or similar with substantial relevant experience working on international relations. They should also have a sound knowledge of the international concerns of Forum Members, an awareness and understanding of regional political issues and extensive experience in analysis and report writing. Previous managerial experience in leading a small team of professionals, familiarity with legal and law enforcement concerns of Forum members and experience in dealing with the media would also be beneficial to this position. Applicants should be willing to travel economy class.

The appointment will carry a competitive remuneration and benefits package including medical and life insurance. The starting salary for the position is approximately SDR47,299. According to the exchange rate used in 1 May 2011, this was equivalent to around FJD134,182. For non-Fijian nationals, this salary may be tax-free. Interested applicants are encouraged to obtain an information package containing the job description and remuneration details, which are available at www.forumsec.org

Applications should be addressed to the Secretary General, Pacific Islands Forum Secretariat, Private Mail Bag, Suva and sent electronically to jobs@forumsec.org.fj. Applications should be received by close of business on Friday 22 July, 2011.

To be eligible for this position, the applicant must be a national of a Forum Member Country. The Pacific Islands Forum Secretariat is an Equal Opportunity Employer and encourages both men and women to apply. Appointments are normally for three years.

Letter to the Editor

Clarifications on the Chuuk road project

Dear Editor:

I should start off by thanking you for your continued effort to help provide information to the public through the Kaselehlie Press.

I would like to comment briefly on your article about the road project in Chuuk. I find it interesting that you sort of pedaled around the issue of the road's quality and project progress. I suspect we are both talking about the same stretch of road which leads from the airport area to the area next to the former Chuuk Legislature building.

That stretch of road is not "a bit narrow" as you put it. It is much too narrow for a main street where you can expect a tractor-trailer and a fire truck to pass each other safely without one having to climb onto the sidewalk. You may consider my choice of equipment using that road at the same time too extreme, but such extreme circumstances are what we should worry about before accepting the road design.

One other point I would like to raise concerns you assertion that the road is funded by the US Government.

The treaty between the United States and the Federated States of Micronesia lists no specific improvement projects and programs. This is unlike specific projects such as the Pohnpei Airport Extension from the Japanese Government, or the Pohnpei State Administration building in Kolonia from China for which particular requests were submitted to those governments for consideration under their overseas development assistance grants.

Funding for CIP projects in the FSM no on-going and those to come for the next 15 years are from committed money agreed to between the FSM and the United States under the Amended Compact, a treaty first entered into between the FSM and the United States in 1986. In return for such funding for improvements in the FSM, the FSM granted to the United States an indefinite military denial on a "this for that" basis.

In closing I again thank you for the prints.

*Sincerely,
Peter M. Christian
Chairman
Transportation Committee
FSM Congress*

2011 FSM National Law Day

Supreme Court of the Federated States Of Micronesia

Palikir, Pohnpei

The FSM National Law Day is one of the court's annually sponsored programs that features high school students representing their states of Chuuk, Kosrae, Pohnpei and Yap in debates on issues of national significance. The purpose of the Law Day when it was first organized and held in 1991 was to involve high school students and the general public in discussion of issues important to the Federated States of Micronesia as a developing nation. The FSM National Lay Day has become an important activity of the court. Since its inception on July 12, 1991, over 150 high School students from the four states have already been involved in the event and over \$150,000 in scholarship funds has been issued. For the past nineteen years, the Federated States of Micronesia, through the Supreme Court, has been providing the opportunity to high school students to participate in the development of our nation through debates on issues important to the FSM, and the same opportunity to the general public to be involved in these discussions as well.

year by the Chief Justice to organize the law day. The committee selected its chairman after the appointment and decides on the topic of the debate. This year's topic is:

" BE IT RESOLVED that the Federated States of Micronesia Constitution should be amended to allow a state to secede from the Federated States of Micronesia"

Each year, the court pays to send the student debaters to the venue of the debates and provides scholarship money for their post-secondary education to attend colleges and universities of their choice including the College of Micronesia-FSM. The scholarship money is given to the student debaters upon their submission of letters of acceptance to the colleges or universities of their choice to the court.

The venue for the 2011 FSM National Law Day is Yap State. . The ceremonies and debates will commence at 9:30 a.m., Yap time, and will be broadcast live throughout the Federated States of Micronesia on Tuesday, July 12, 2011 from the State of Yap.

A coordinating committee is appointed each

Oliver to travel to Israel in November

*By Bill Jaynes
The Kaselehlie Press*

June 23, 2011

Pohnpei, FSM—Pohnpei's own Reed Oliver, Israel's Honorary Consul to the FSM is making plans to attend Israel's first ever Conference for Israeli Honorary Consuls to be held in Israel from November 6-9 of this year.

His letter of invitation, dated yesterday came from Israel's Ministry of Foreign Affairs and said that the Conference is intended to give the Honorary Consuls an opportunity to receive firsthand information concerning

Israel's economic agenda, Middle East policy, security issues, the battle against the delegitimization of Israel and other vital matters.

It said that the proposed schedule tentatively includes a meeting with the President of the State of Israel, Mr. Simon Pres, a trip to the southern region including a visit to Sderot and the Karni checkpoint.

Delegates will also participate in Israeli cultural event and a dinner with the Honorary Consuls stationed in Israel.

Oliver was invited to bring his wife, Estelle and the two are making plans to travel to the event together.

COLLEGE OF MICRONESIA-FSM

PRESIDENT SEARCH

The College of Micronesia-FSM, an institution accredited by the Western Association of Schools and Colleges, is seeking a visionary, dynamic, and inspirational leader who can make a difference at the college and in the communities it serves. The larger community is the Federated States of Micronesia (FSM), a nation of 607 islands scattered across approximately a million square miles of the western Pacific Ocean. Each of four states of the federation – Yap, Chuuk, Pohnpei, and Kosrae – has its own unique language, culture, and needs. The college has a key role in the development of the Federated States of Micronesia. Like the nation, the college is geographically extensive. The national campus located in Palikir, Pohnpei, and the FSM Fisheries and Maritime Institute located in Yap state serve students from all four states, while the four state campuses, one in each state, primarily serve the residents of that state.

Go to www.comfsm.fm/search for the full presidential search announcement and more information about the college.

Application documents include a letter of interest addressing how the candidate's professional qualification and experience match the challenges and position profile; COM-FSM application form; current resume with personal email address and cellular phone number; official transcripts for all degrees earned; and at least five professional reference letters. Documents may be submitted electronically to presidentialsearch@comfsm.fm or mailed to:

Presidential Search Committee
College of Micronesia-FSM
P. O. Box 159
Pohnpei, FM 96941

PRESIDENT SEARCH: The College of Micronesia-FSM is seeking a visionary, dynamic, and inspirational leader who can make a difference at the college and in the communities it serves. Full information about the presidential search and application procedure is available at www.comfsm.fm/search.

Confidential inquires may be made to Norma Edwin or Rencelly Nelson at (691) 320-2481.

Word Search
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K Press Puzzle Pleasure

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04624	42709	75910
05583	43501	77565
11475	47598	78818
13100	48197	86066
13496	51869	88272
15629	52279	93342
19741	57313	95783
20103	58186	97629

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4	3	5	0	1	9	5	7	8	3	5	8	0	1

Crossword - What a Hassle

- Across**
1. Chaplin chow
 5. Drop down
 8. Kind of book
 11. Boating berth
 12. Beard alterer
 14. And not only that
 15. With enthusiasm
 16. PBS series
 18. Hassle
 19. Actor Holm of McKellen
 20. Accomplished
 22. Long job for a plotter
 26. I'm outta here!
 27. You might pick up on it
 28. Atoll features
 30. Spinning stat
 31. Second Sunday in May honoree
 32. Bring along
 34. It ruins the ending
 38. Aruba neighbor
 40. Chivalry, for one
 41. Sauce seasoning
 42. Sign of a breakout
 43. Limiting word
 44. Calming count
 45. It has heels

- Down**
1. Mailbox fodder
 2. Like some hair
 3. Excluding
 4. Potential turn-ons
 5. Undying
 6. Long-eared one's comment
 7. Humongous
 8. It isn't in stereo
 9. Hercule Poirot, for one
 10. Bellow
 13. All U.S. presidents so far
 17. Down
 21. Barber art
 22. Not close
 23. Burst
 24. Mail deliverer
 25. Satirize
 26. Funny
 29. It's messy
 33. Wiggle
 34. Not 35 Down
 35. Not 34 Down
 36. Charlotte Rae TV role
 37. Scuba site
 38. Bit of fuzz?
 39. Tree climber

1	2	3	4		5	6	7		8	9	10
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Karat and Akadahh were at the 14th annual FSM Olympic Day walk/run held in Pohnpei

By *Chizuru Seki*
Island Food Community of Pohnpei

On Saturday, June 11th, the 14th the annual FSM Olympic Day walk/run was held in, Kolonia, Pohnpei, starting at Palm Terrace parking lot, sponsored by the FSM National Olympic Committee (NOC). Over 150 participants attended this activity. All participants got a T-shirt before they started and wore it while they ran/walked, showing support for the Olympic athletes training program. Participants started walking or running at 7am for 5 km through Kolonia town. The five dollar registration fee went towards costs of the Olympic athletes training for London Olympic.

The FSM Olympic Day walk/run was also held on the other FSM islands of Yap, Chuuk and Kosrae on July 18, 2011.

Before the run/walk started, a local food educator from the Island Food Community of Pohnpei (IFCP) gave the

IFCP standard talk, which includes the fact that one in three Pohnpeians are suffering from diabetes. Eating local food and exercising helps Pohnpeians stay away from non-communicable diseases (NCDs) such as diabetes, cancer and heart disease.

At the event, two varieties of bananas (Karat and Akadahh) were provided by IFCP for participants to grab before and after the run/walk.

Running or walking 5 km sounds a long distance, but doing it with your family or friends makes it such a fun activity.

The next fun run/walk is coming up on Saturday, July 9th, 2011: Let's Go Local Fun Run/Walk sponsored by the Island Food Community of Pohnpei with support by the FSM NOC.



Participants are stretching before the run/walk starts.

GO LOCAL participates in the Health Fair at the State Government building

By *Chizuru Seki*
Island Food Community of Pohnpei

MAHI International conducted a Health Fair on Wednesday, June 15th, 2011 at the State Government building. About 623 people attended the fair and learned about health issues, basic cardiopulmonary resuscitation (CPR) and more.

The Island Food Community of Pohnpei (IFCP) participated in the event, promoting "Going Local" and encouraging the community to grow and eat more local crops.

IFCP red pens were given to participants along with its message that one in three Pohnpeians are suffering from diabetes. The "Let's Go Local" message on the pen tells that making our life and eating style more local is an important solution to a health crisis in Pohnpei.

At the fair, yellow-fleshed bananas, Karat and Akadahh, were provided for participants to taste and enjoy, as well as providing a discussion point for the important values of yellow-fleshed banana varieties. A nurse from MAHI International who tried Akadahh for the first time said that it was

the best banana she had ever eaten and asked where she could buy it.

The IFCP Beta-carotene Food Charts (BFC) were also passed out to participants. The BFC indicates and compares the amount of beta-carotene in the local food as well as rice. Utin lap, a yellow-fleshed banana, contains 8508µg (microgram which is a weight measurement) of beta-carotene per 100 grams of banana (this is about half a cup).

One yellow-fleshed variety of giant swamp taro, Mwahng Tekatek Weitahta, has 4486µg per 100 grams.

Rice, which is frequently eaten among the Pohnpeian household, contains no beta-carotene, ZERO.

Beta-carotene is a pro-vitamin A carotenoid, which means beta-carotene becomes vitamin A inside of your body. Pro-vitamin A carotenoid is the only carotenoid that protects against vitamin A deficiency, which is prevalent among young children in Pohnpei (about 50% of the children in Pohnpei were vitamin A deficient).

Untreated lack of vitamin A could lead to vulnerability to infection and also night blindness or total blindness. Skin disorders, infections, diarrhea and respiratory disorders can also be the result of vitamin A deficiency. Carotenoid rich food, that is foods containing all the many different carotenoids, including beta-carotene but also other carotenoids like lutein, help protect against diabetes, heart disease, certain cancers and anemia (weak blood).

The Beta-carotene Food Chart is a great tool to teach the nutritional value of local foods to the community. One visitor came to our booth and said, "I know that local food is good but I never knew before the amounts of nutrients they contained and that they are so high, and this really impresses me."

We would like to thank MAHI International

for inviting us to the health fair and let us promote the nutritional value of local food and importance of "Going Local" to a huge crowd of our community.

We also thank our donor agencies, US Forestry, AusAID Small Grants Scheme, and the Secretariat of the Pacific Community for funding support.



Anako Keller, Accountant II, Revenue, Department of Treasury, is reading IFCP Banana Book

K.P. Crazy Corner

Inspiration: Mondays are an awful way to spend 1/7th of your life.

English 101: When doing research, get the facts first and distort them later

think about it: For every action there is an equal and opposite criticism

Me Time: My inferiority complex is not as good as yours.

Mama Says: love may be blind but marriage is a real eye-opener.

Daffy Definition: Gambling - a tax on people who are bad at math.

Papa Says: If I want your opinion I'll have you fill out the required form.

yes!

Pwedeng madoble ang

perang padala mo



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