

The KASELEHLIE PRESS

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Rumors of unsafe PUC drinking water untrue

Photo by Nigel Jaynes



PUC water treatment plant in Nanpohnmal, Pohnpei

water untrue

By Bill Jaynes
The Kaselehlie Press

Pohnpei, FM – A rampant rumor spreading throughout Pohnpei by means of the “coconut wireless” that water provided by Pohnpei Utilities Company (PUC) contains Hepatitis B is completely without merit. The source of the rumors seems to have been a radio show aired some time before Christmas. The program was jointly produced by the Department of Public Health and the Environmental Protection Agency (EPA). It was intended to educate residents of Pohnpei on the importance of good hygiene like the practice of washing

hands before eating as a tool to avoid the possibility of contracting Hepatitis A. The program was produced in the Pohnpeian language.

Someone misunderstood what was said and began spreading the rumor that PUC drinking water was unsafe.

The rumor also said that children at Sekere Elementary school had been told not to drink water from the taps at the school because of the discovery of Hepatitis A in the water supply and because of several cases of Hepatitis A in

See “Unsafe water rumor” on Page 5

Doone and Killion
Present their campaign
platforms for Governor

See Pages 8-9



A Christmas Drop pallet loaded with medical supplies, fishing equipment, medical supplies, school materials, tools and toys floats down to an FSM island in Chuuk.



Operation Christmas Drop
See Page 2 for full coverage

Perdus Ehsa says that Congress resolution ruined his business

By Bill Jaynes
The Kaselehlie Press

Pohnpei, FSM – “I tried to handle things in the Micronesian way. I talked to people and I wrote letters to NORMA, but NORMA always said that they had to do what Congress approved,” said Perdus Ehsa, President of Pacific Food Services, Incorporated. He says that it ruined his business.

In September of 2007 Congress voted by resolution not to renew the corporation’s fishing access agreement with the National Oceanic Resource Management Authority (NORMA). Ehsa said that the end of the access agreement, for all intents and purposes was the end of their company’s ability to do their fisheries business and they, after having exhausted all other “Micronesian” means to resolve the prob-

PFS files suit at Supreme Court asking for relief

lem, have filed suit at FSM Supreme Court (CA 2009-001).

Perdus Ehsa said that Pacific Food Services, Inc. served as an agent for foreign longliners and handled logistics primarily for Japanese and Korean vessels that wished to fish in the FSM. The company handled licensing, food, water, fuel supplies and anything else that a foreign longline fishing vessel might require in order to fish within the FSM Exclusive Economic Zone.

PFS had a fishing agreement with NORMA that allowed them to obtain licenses for foreign longliners that started in 2004 and was to end in 2006.

The company entered into a new agreement with NORMA on November 6, 2006 that would have allowed them to continue to offer their services “com-

mencing on November 9, 2006 or from the date it is approved by Congress, whichever is later.”

According to the PFS filing at Supreme Court the company was allowed by law to continue under the initial access agreement (2004 to 2006) as long as they had filed a new agreement with NORMA for consideration by Congress. It was up to Congress to act on the agreement. The Congress review and decision wasn’t completed until more than a year after the company’s filing of an agreement with NORMA.

On October 15, 2007, Congress, based on the Resources and Development Standing Committee Report 15-47 chaired by Pohnpei’s Senator Dion Neth, passed Resolution 15-50 reject-

See “PFS” on Page 3

Operation Christmas Drop spreads cheer to Micronesia's remote outer islands

By *Embassy of the United States of America Kolonia*

Three United States Air Force C-130s helped ensure happy holidays for the 57th consecutive year for over 36,000 residents of dozens of outlying islands in Chuuk, Pohnpei, Yap, Palau and the Northern Marianas. From December 14-19, "Santa 1," "Santa 2" and "Santa 3" flew 16 missions totaling 95 flight hours. They delivered 186 humanitarian airdrops containing over 20 tons of donated gifts and lifesaving supplies to 80 impact points on 68 islands, covering an ocean area the size of the continental United States. The large aircraft arrived suddenly and dramatically, making steep dives over each island at 300-500 feet above sea level.

This year, the world's longest running humanitarian airlift broke all previous records with the most packages ever dropped by "Santa's Helpers." The tradition began in December 1952 when a weather reconnaissance plane flew over Ponape's Kapingamarangi Atoll. The aircrew spotted a group of waving islanders and was instantly filled with the holiday spirit. Gathering up the food they had plus whatever other useful

items they found on board, they stuffed it all into a canister. Circling back around, the airmen dropped the container with a parachute as a supposedly makeshift Christmas present to the happy crowd below. The overjoyed recipients then built a B-29 from palm fronds to try to lure that first plane to return the following year.

Operation Christmas Drop's sole purpose is to aid the people of neighboring smaller islands that do not have airstrips or major ports. This annual mission of charity coordinates volunteer efforts from both military and civilian agencies to distribute donations received from all corners of the world. Each twin box dropped by parachute this year weighed 250 pounds and contained assorted food, construction materials, tools, clothing, medical supplies, fishing equipment, school supplies and toys. The U.S. Army, Navy and Air Force united to collect 74 parachutes. Guam residents built the boxes for this year's drops.

USAF Capt. Daniel F. Davis, Mission Commander for this year's event, remarked afterwards, "Operation CHRISTMAS DROP is a completely unique experience for members of the 374th

Airlift Wing. The direct support we provide to the people of Micronesia allows all involved to make a tangible difference in the world. To make that difference, many diverse parts work together. Aircraft maintainers put in long hours to provide mission-capable aircraft. Airdrop riggers ensure the bundles can be airdropped effectively. The aircrews have the opportunity to fly in a dynamic environment and actually see the islanders who benefit from the airdrops. Fi-

nally, the people of Guam and the 36th Air Wing at Andersen Air Force Base work all year gathering supplies and building packages to ensure our friends are getting the supplies they need. All this effort has come together for the past 56 years to provide a bit of holiday cheer for a special group of people. It is a privilege to participate in the 2008 installment of this humanitarian tradition, and we look forward to continuing it for years to come."



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Bill Jaynes
Managing Editor

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...PFS

Continued from front page

ing PFS's fishing access agreement with NORMA.

As a result of the resolution, NORMA refused to put the access agreement into effect and canceled existing fishing permits that had been issued to vessels represented by PFS.

NORMA and Bernard Thoulag in his official capacity as Executive Director of NORMA are named in the Pacific Food Service, Inc. civil complaint, as are the FSM National Government and the Congress of the FSM.

Section 405 of the Marine Resources Act of 2002 prohibits a fisheries access agreement negotiated by NORMA, and involving 10 or more vessels, from taking effect unless first approved by resolution by the Congress of the FSM.

The suit filed by Pacific Food Services, Inc. says that Section 405 is unconstitutional for many reasons and should be severable from the remainder of the act governing marine resources (title 24).

One of the constitutional issues raised in PFS' civil complaint is that by allowing Congress to approve fisher-

ies access agreements negotiated by NORMA "by resolution" the balance of power amongst the branches of government mandated by the FSM Constitution is removed from the constitutionally required equation.

Congressional Resolutions are passed to the President for his information but not for his approval. Congressional Resolutions do not require two readings as do bills that require the President's signature before they become laws. The FSM President has no veto power over Congressional resolutions like he would for bills passed by that body.

A Constitutional resolution requires that 10 of the 14 members of Congress vote in favor of the resolution before it passes.

The absence of an Executive Branch check in the process, the lawsuit alleges, leaves room for possible abuses by members of Congress.

PFS charged in its claim that, "At least one member of the CFSM (Congress of the FSM) that signed Committee Report 15-47 and voted in favor [of] Congressional Resolution 15-50 had a conflict of interest in that the member or close relatives of the member were engaged in or were starting a business similar to that of PFS and would benefit from the

rejection of the agreement."

It alleges that as a result of the Congress rejection of the access agreement and because of NORMA's refusal to put the agreement into effect, fishing vessel owners that had been clients of PFS terminated their relationship with PFS and went to competing agents for the service they had offered. The complaint further alleges that one of the companies that benefited was one owned or associated with a member or members of the CFSM that voted in favor of Resolution 15-50 and Committee Report 15-47.

The Standing Committee report on the access agreement (www.fsmcongress.fm) based its recommendation to deny the license agreement partially on the financial viability of PFS. The report which was a carryover from the 14th Congress (SCR 14-148) says essentially that fishing companies that have judgments against them are banned from applying for or obtaining fishing licenses under an amendment to the code made in 2005.

On September 21, 2007, five days before the R&D Standing Committee made its report, PFS agreed to a settlement with the National Fisheries Corporation in the amount of \$150,000. It was partially on the basis of that settlement agreement and on at least

one other fisheries related debt independently identified by the Committee that it made its recommendation that the access agreement not be renewed with PFS.

The PFS filing at the Supreme Court says that the Committee's determination "to reject the access was without basis in law and not based on any statutory criteria, and was arbitrary (determined by chance) and capricious (based on whim)."

PFS asks for a judgment declaring Section 405 of Title 24 of the Code of the FSM unconstitutional. They ask for the court to rule that Congress' rejection of the access agreement between PFS and NORMA was invalid and ineffectual. They ask for a writ of mandamus (a written order commanding a government officer to perform his or her duties) directing NORMA to put the access agreement between PFS and NORMA into effect. They're asking for an order requiring NORMA to refund to PFS fees that were paid for fishing permits that were improperly cancelled by NORMA. Finally, they are asking for a judgment of damages against NORMA for the loss of their client base and other damages.

The case is new and attorneys for the defendants have not yet had opportunity to submit a response to the charges.

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Australia provides emergency assistance to the Federated States of Micronesia and the Republic of the Marshall Islands

Australian Embassy

Australia will provide US\$50,000 in immediate emergency assistance to each of the Federated States of Micronesia and the Republic of the Marshall Islands, in response to tidal surges and storms that have inundated the low-lying Pacific Islands since early December.

"This US\$100,000 assistance package will help alleviate the impact of recent severe flooding on inhabitants of these vulnerable islands", said Parliamentary Secretary for Pacific Island Affairs Duncan Kerr SC today.

The flooding in the Marshall Islands occurred from December 9 to December 15, and a state of emergency was declared on 23 December 2008.

The neighbouring Federated States of Micronesia declared a state of emergency on 24 December 2008.

"A combination of 3-metre waves and heavy storms flooded the cities of Majuro and Ebeye in the Marshall Islands, destroying homes and submerging parts of the islands. The tidal surges left streets covered in rocks,

coral and debris", said Mr Kerr.

"There is limited information on the amount of damage in Micronesia, however we know that groundwater supply and farming land has been contaminated with seawater due to the tidal surges."

"Australia will consider further assistance should more detailed assessments indicate the need and requests come from the Governments of the two affected countries", said Parliamentary Secretary for International Development Assistance, Bob McMullan. Australia's Pacific Patrol Boats are being used to transport supplies and assessment teams to the outer islands in the Federated States of Micronesia.

The announcement comes ahead of a planned visit by Mr Kerr to the Northern Pacific region, to attend the inauguration of the new President, Mr Johnson Toribiong, in neighbouring Palau.

Australia's development assistance to the Federated States of Micronesia is estimated at \$1.52 million for 2008-09 and approximately \$750,000 for the Republic of the Marshall Islands

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... Unsafe water rumor

Continued from front page 1

children who attended the school. Part of that rumor is true. Sekere Elementary School students were warned not to drink tap water. Teacher, Phillip Hadley confirmed this fact by phone but said that as far as he knew there had been no cases of Hepatitis of any kind at the school. He said that the school had received a warning about the water supply from some government agency most likely EPA.

Dr. Rally Jim, Director of the Department of Public Health said that there have been cases of Hepatitis A within recent months. He was aware of six. Hep A has symptoms of abdominal pain accompanied by jaundice (yellowing of the skin and eyes), and fatigue. It might or might not be accompanied by a fever.

The idea that PUC water contains Hepatitis B is just silly, he said.

Hepatitis B is transmitted by blood or sexually transmitted and cannot be transmitted by water. Hepatitis B is a serious disease that is incurable and can lead to cirrhosis, or cancer and ultimately to death, according to Dr. Boris Pavlin, Epidemiologist for the World Health

Organization assigned to Pohnpei.

Those vaccinated against Hepatitis B are thought to be protected for life from the disease.

Hepatitis A is a fecal to oral disease which can also be spread in the water supply if bacteria from human fecal matter are present there.

People who don't wash their hands after using the restroom or before eating can also unintentionally spread the disease. That was most likely the case with a brother and sister who contracted the disease. Dr. Jim said that the likelihood that the two shared communal meals was probably high.

Robert Hadley of PUC said that the water system in Pohnpei is safe and that the rumors of Hepatitis spreading by the water supply are completely untrue. A spokesman for the EPA agreed.

Dr. Jim said that there was an outbreak of Hepatitis A in Pohnpei in the late 60's and early 70's. "Hepatitis A is all over the place but not in PUC's water supply," he said.

Many people will never experience symptoms of the disease which is uncomfortable but treatable.

Dr. Jim estimated that if he checked the

blood of all of the residents of Pohnpei he would likely find that 80% would have antibodies against the disease. In his estimation 80% of the population of Pohnpei has been exposed to the disease but their immune systems has at one time or another already fought it off leaving the antibodies against the disease in their blood stream.

Dr. Jim said that only Pohnpei State Hospital has the tools in Pohnpei to detect the disease. Other medical service providers, if they suspect that a person has Hepatitis A, refer patients to the hospital. Sometimes the patients are admitted to the hospital for purposes of hydration but more often than not they are examined, treated and sent home for rest without an overnight stay.

He suspects that many cases of Hepatitis A are so mild that sufferers don't feel the need to go to the hospital for treatment so the Health system is not aware of them.

Dr. Jim chuckled and said that he found it interesting that the rumor probably first started at markets where people gather to socialize and to drink sakau. The communal sakau cup is one way that Hepatitis A could be spread if participants don't wash their hands after using the restroom and before participating in the traditional practice.



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FSM Vice President H.E. Alik Alik Attends the Groundbreaking Ceremony of the Kosrae High School Building Funded by the Government of the People's Republic of China

By: Embassy of the People's Republic of China in the FSM

On November 17, 2008, the Groundbreaking Ceremony of the Kosrae High School Building funded by the Government of the People's Republic of China was held at the Kosrae High School work-site. H.E. Vice President Alik Alik, Hon. Governor of the Kosrae State Robert Weilbacher and State Government officials, Hon. Speaker of the Kosrae State Legislature Lyndon Jackson and the State Senators, Hon. Chairman of the Committee of External Affairs of the National Congress Paliknoa Welly, Hon. Congressman Claude Phillip, parents of students studying in China and local residents attended the Ceremony. Vice President Alik, Mme LIU Fei, Ambassador Extraordinary and Plenipotentiary of P.R.

China to the FSM, Governor Weilbacher and Speaker Jackson made remarks respectively.

Vice President Alik Alik thanked the Chinese Government for the generous funding of the Kosrae High School Project, which is the first school complex donated by China to the FSM. He expressed his profound appreciation to China for the support and assistance rendered to FSM during the past 19 years in the areas of infrastructure and human resource development, and reaffirmed FSM's adherence to the fundamental principle of the 'One-China' policy.

Ambassador LIU congratulated the Kosrae

people on the groundbreaking of the Kosrae High School project. She said the Chinese

Government had always supported and would continue to assist the FSM government and people to improve education and develop human resources. With the construction of the new school complex, she hoped to see more students from Kosrae apply for the Chinese

Government full scholarship to study in China and promote the Sino-FSM friendly and cooperative relations.

Ambassador LIU, Vice President Alik, Governor Weilbacher, Speaker Jackson and Mr. YANG Lei, manager of Xinjiang International Economic Cooperation Corporation, laid the foundation for the project.



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JOB OPENING

TITLE:	Micronesia Challenge Advised Funds Program Officer
RESPONSIBLE TO:	Deputy Executive Director
CLOSING DATE:	February 6, 2009
Submit To: Lisa Ranahan Andon Deputy Executive Director P.O. Box 2177 Kolonia Pohnpei, FM 96941 mctlrandon@mail.fm	To Apply: - Submit a Letter of Interest - Detailed Resume - 3 Letters of Reference
Salary US\$20,000 to \$25,000 depending upon qualifications and experience.	

Summary of responsibilities:

Under the supervision of the Deputy Executive Director, provides the following:

- A. Effective management of the MCT Micronesia Challenge (MC) Advised Fund(s) PMU and its portfolio -- from program strategy to individual project concept and design to technical support to MC grantees, monitoring and evaluation -- to ensure compliance with the overall approved Micronesia Challenge Strategies, the MC Operational Guidelines, MCT Operational Guidelines and standards, Advised Fund Agreements and the MC annual work program.
- B. Support to the Micronesia Challenge "in country" delivery mechanisms in (i) reviewing proposals based on adherence to pre-established MC procedures; (ii) reviewing and pre-appraising type of projects prior to their approval by the appropriate approval body; and (iii) supervise MCT staff assigned to the MC in relevant MC jurisdictions, (iv) work with the MC Coordinator to design criteria, guidelines and indicators in line with donors' criteria for monitoring and evaluation and work with MC Coordinator to supervise the compilation of Monitoring and Evaluation data from MC projects in the region.
- C. Work with MC Coordinator in building strategic partnerships with development partners, such as donors, foundations, private sector and civil society, to promote MC and mobilize resources
- D. Contribute to MC and MCT's efforts to develop effective MC national, regional and global networks for technical support and knowledge management, within the MCT MC Advised Fund(s) program and with external institutions, including academia.

EXAMPLE OF KEY DUTIES (ILLUSTRATIVE ONLY)

Managerial Functions

- Coordinate the MCT Regional and National MC grant program(s) and provide necessary guidance and coaching, and coordinate closely with the MC coordinator and Focal Point persons of the participating Jurisdictions, and with MCT as appropriate;
- Work with MC Coordinator to promote and maintain a suitable environment for teamwork within all MC jurisdictions, the National Focal Point members, the National delivery mechanisms if any
- Contribute to the review and finalization of the individual MC annual workplans for each participating Jurisdiction, including strategic and/or innovative initiatives to be undertaken/explored, and set delivery and co-financing targets;
- Set annual performance parameters and learning objectives for MCT's Micronesia Challenge portfolio, assess the performance and provide recommendation;
- Build and maintain effective relationships with key partners and stakeholders, and keep MCT, the MC coordination office and focal point informed as appropriate.

Program Development and Management

- Keep abreast of the respective Micronesia Challenge Regional and National environmental concerns and assess their impacts on MC's work and program.
- Contribute as needed to the formulation of each Jurisdiction's Micronesia Challenge Program Strategy (JPS), and as well as biennium reviews and updates;
- Exercise quality control over the development of portfolios of project ideas and concepts, and closely monitor the program implementation progress and results in each jurisdiction according to relevant MOUs;
- Work closely, when required by jurisdictions if any, with NGOs and CBOs in the preparation of project concepts and proposals to ensure that individual projects fit the Micronesia Challenge adopted Strategies;
- Conduct and manage call for proposals in jurisdictions as required according to MOUs and Donor Grant Agreements.
- Work with the MC Coordinator to conduct periodic program monitoring field/regional visits and provide technical and operational support and guidance to MC grantees as required;
- Work closely and support each Jurisdiction delivery mechanism on request in their deliberations during the process of project proposal selection and approval, especially the initial appraisal of proposals and assessment of eligibility related to the Micronesia Challenge strategies.

Financial Reporting

- Management of the annual MCT MC Advised Fund(s) allocations (administrative, capacity building and grants) respectively, maintenance of the financial integrity of the MCT MC Advised Fund(s) program, ensure most effective use of MCT MC Advised fund(s) resources;
- Preparation of periodic reports to MCT management and Board of Trustees, MC Advised Fund donors on program implementation status, including financial reporting, and update the relevant MC Advised Fund databases.

Resource Mobilization

- Establish and maintain close working relationships with the MC Coordination office, Jurisdiction focal point, advocate MC Advised Fund strategies, comparative advantages and initiatives, and ensure visibility in each jurisdiction, Regionally and Internationally.
- Assess program interest and priorities of key donors and other development partners, and develop/update the SGP Resource Mobilization Strategy;
- Actively engage in identification of opportunities and areas eligible for MC Advised Fund support, and mobilize resources from the Jurisdictions Governments, donors and other partners to best leverage the MC Advised Fund resources.

Knowledge Management

- Preparation of MC Advised Fund project/programs evaluations;
- Assist in the documentation of lessons learned and best practices of the MCT MC Advised Fund program/project development, implementation, and oversight;
- Raise awareness in each Jurisdiction on MC strategic issues, plans and initiatives to maximize highest impact and effectiveness;
- Distill best practices and facilitate their dissemination within the MC Challenge Jurisdictions and to counterparts and partners.

CAMPAIGN PLATFORM

Gillian Nedelec Doone for Governor Ritis G. Heldart for Lt. Governor

"Restoring hope in Chuuk by inclusive action using the power of the people"

I) IMPROVE ACCOUNTABILITY

- A) Reduce size and cost of government
 - 1) Propose a re-organization Plan
 - 2) Propose constitutional amendments to combine departments for cost savings purposes
 - 3) Eliminate all redundant positions.
 - 4) Privatize government functions that can generate service fees for its operations.
 - 5) Eliminate all non-essential government functions
- B). Improve public sector productivity
 - 1) Establish new standards of performance for all government employees (Skill based Competency Assessment to determine the exact skills employees have)
 - 2) Reward productive employees
 - 3) Eliminate non-productive employees
- C) Implement proper financial controls
 - 1) Assess and identify all financial control gaps for all branches of government, inclusive of boards and public corporations
 - 2) Close all such gaps by implementing new standards, reorganizing departments, and/or changing personnel
- D) Enforce rule of law
 - 1) Develop and enforce legislation that strengthens accountability—i.e. conflict of interest legislation, restrictive measure legislation, etc.
 - 2) Aggressively prosecute all who break the law, regardless of politics, relationships and/or traditional considerations. (The Office of Prosecution as mandated with a very good team)
 - 3) Work with judiciary branch to eliminate case backlog and improve enforcement. (New judges, young and aggressive).

II) STRENGTHEN ECONOMIC DEVELOPMENT

- A) Increase tourism revenues
 - 1) Promote cultural and environmental based tourism (scuba divers and roughies like students from Europe, USA and Japan)
 - 2) Promote and develop local communities and traditional leaders involvement in tourism
 - 3) Promote and develop environmental research projects and facilities (Should not only be confined to tourism but other areas as well. Something like a research team you can rely on to provide you information at your finger tips)
- B) Increase marine resources exports
 - 1) Establish sustainable harvest levels for all marketable marine resources (Gov't buy and then sell to offshore. .e.g Guam etc)
 - 2) Promote aquaculture development and export
 - 3) Promote production and export of value-added marine products (will force offshore ships to unload their catch before heading home)
- C) Promote import-substitution
 - 1) Encourage agricultural development for import-substitution
 - 2) Promote fishing for import-substitution
 - 3) Implement laws and regulations that support import-substitution
 - 4) Promote and encourage small scale, low-tech import substitution projects
- D) Strengthen grass roots productivity
 - 1) Explore new crops and methods of cultivation
 - 2) Encourage small scale, low-tech fish farming
 - 3) Work with traditional and community leaders to promote greater

productivity at the grass-roots level

- E) Promote private sector development
 - 1) Develop and implement laws that are more conducive to local private sector growth
 - 2) Regulate foreign investment
 - 3) Privatize or eliminate all non-essential government functions
 - 4) Develop a skilled local workforce
 - 5) Promote job creation for local people
 - 6) Promote social or cultural changes that will better support private sector growth

III) IMPROVE DELIVERY OF ESSENTIAL GOVERNMENT SERVICES

- A) Education
 - 1) Develop and implement new performance standards for schools, teachers and administrators
 - 2) Develop and enforce new achievement standards for students
 - 3) Develop more appropriate curricula for schools
 - 4) Get parents, communities, traditional and municipal leaders more involved in education
 - 5) Invest more resources in education
 - 6) Establish new standards of performance and compensation for teachers
- B) Health
 - 1) Promote proper nutrition and exercise
 - 2) Invest more resources in health services
 - 3) Establish new standards of performance and compensation for all health care officials
 - 4) Develop more sports facilities in the outlying communities (develop a team field officers who can be dispersed in the field for data collection and community assistance every time there is a field trip ship)
- C) Public safety
 - 1) Insist on full enforcement of the law (enforcing Chuuk State laws has deteriorated to a point where it is practically non-existing)
 - 2) Provide better training to police officers
 - 3) Invest more resources in public safety (better equipped and skills to deliver use of latest equipment)
 - 4) Develop and implement new standards of performance for all police officers (Performance evaluation and steps for better performance and thus promotion)
 - 5) Improve performance evaluation plan for police (Re-evaluation is good and must be time framed)

IV) PROTECT OUR ENVIRONMENT

- A) Develop and enforce clean air and water laws
 - 1) Develop solid waste management program
 - 2) Develop emissions control standards
 - 3) Establish proper enforcement policy
- B) Protect our watersheds
 - 1) Establish forest reserves
 - 2) Promote low-land agricultural production
 - 3) Develop enforcement strategies
- C) Protect our mangrove forests
 - 1) Establish mangroves forest sanctuaries
 - 2) Establish marine wetlands research center
 - 3) Promote aquaculture research and development
- D) Protect our reefs and marine resources
 - 1) Establish more marine sanctuaries
 - 2) Establish safe harvest thresholds for all marine resources
 - 3) Promote marine science research institutes
 - 4) Establish proper enforcement strategies

CAMPAIGN PLATFORM
for
“Tongei Chuuk Team – 09”
Redley Killion for Governor
Jonathan (Sondan) Salle for Lt.
Governor

GENERAL STATEMENT:

Chuuk State is currently facing major challenges, both economic and social challenges which affect the lives of the Chuukese one way or the other and such challenges need to be addressed immediately. Although some of these challenges seem to be insurmountable, our “Tongei Chuuk Team – 09” strongly feels that given strong leadership and clear vision for what need to be done at least during the next four (4) years, these challenges could be effectively met, and consequently improving the state’s economic and social conditions. Specially, our “Plan of Action” for the next four (4) years, if elected on March 03, 2009, includes the following:

I. Improve the economic conditions in Chuuk by doing the following:

- 1) Push for the immediate implementation of the Compact II Capital Improvement Projects (CIP) which will create jobs, improve the local businesses, increase local revenues to Chuuk State Government, and most importantly, improve the existing basic infrastructure and put in place new ones necessary for the sustainable development growth for the State in the next several years;
- 2) Re-introduce the various Chuuk State government pilot economic development programs in fisheries, agriculture, handicraft making, coconut production and processing and other small to medium scale development projects which would provide needed income for the Chuukese at the gross roots;
- 3) Review existing state laws and regulations relating to tuna transshipment in Chuuk in an effort to re-attract the foreign tuna fishing vessels to do transshipment again in Chuuk;
- 4) Chuuk State Government to work closely and in collaboration with the private sector in the formulation and implementation of development policies affecting the latter;
- 5) Strengthen the existing foreign investment laws and regulations to attract appropriate foreign investment needed in Chuuk to support the state’s development objectives and priorities;
- 6) Strengthen manpower development programs in Chuuk, utilizing available resources – domestic and foreign – to improve the technical skills and know-how of our young men and women; thus enhancing their prospect for employment both here in Chuuk and outside;
- 7) Emphasis on renewable energy as a major source of power throughout the state;
- 8) Work closely with the National Government in continuing the state’s economic reform efforts which had commenced several years ago.

II. Improve the quality and delivery of education and health services throughout the state.

- 1) Re-align Chuuk State’s educational system to be consistent and in support of the state’s development objectives and priorities;
- 2) Exert efforts in resolving land issues and other related issues to enable the state’s full utilization of Compact II CIP and other funding sources for the improvement of existing classrooms, dispensaries and other public facilities as well as for the construction of new ones;
- 3) Introduce/utilize new technologies in education to improve learning skills in both primary and secondary schools, especially for the outer islands;
- 4) Improve transportation (sea and air) services to the Lagoon islands as well as the outer islands to enable periodic visits of key personnel from both the Departments of Education and Health Services to provide the needed services in these key areas.

III. Improve General Government Structures & Efficiency.

- 1) Restructuring of Chuuk State Government Executive and Legislative branches to be more efficient and cost-effective, taking into consideration Chuuk State’s constitution and other mandates as well as the available financial resources (local, compact, and others);
- 2) Establish strict code of ethics for Chuuk State government employees;
- 3) Enhance good governance, transparency and accountability in all branches of the state government;
- 4) Strengthen the enforcement of laws throughout the state;
- 5) Accelerate the land registration program throughout the state;
- 6) Enhance cooperation between and among Chuuk State leaders in all branches of the state government including municipal government leaders in addressing the challenges facing Chuuk; and
- 7) Strict adherence to Compact II and other outside grants conditions and regulations.

Our warmest congratulations to:

“GAVY”

Gavino Estur, PLS, CE

For passing the Professional Land Surveyor Examination
in Washington State, USA last October 24, 2008



Project Manager

**Island Survey &
Design Engineering Co.**

2nd Floor, Town Plaza Building, Kolonia Pohnpei FM 96941
Tel. nos. (691) 320-6482, 320-8892
Cell phone no. 920-4273 Email address: gavyestur@yahoo.com

Wishing you the best of luck and God bless you always
From your loving wife Analin and
daughters Genevieve, Genelyn, Grace and Gabrielle Co Estur



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Guest Perspective

Chuuk Reform Movement

By *Vidalino Raator*

Chuuk needs a new motto for civic engagement and "Wech ei Chuuk!" could possibly be it. The late Governor Erhart Aten, first elected governor of Chuuk State was said to have uttered that strongly worded nearly "taboo-ish" phrase at a leadership meeting of Chuukese mayors challenging them to sacrifice their municipal funds to help the State. "Wech ei Chuuk!" in that context meant "Go for Chuuk!" If taken out of context, this phrase could just as easily be translated as "Screw Chuuk!" I prefer the former.

It takes a special kind of Chuukese leader to get away with it. Erhart Aten was one of those unique leaders. He lived the challenge he posed to others. He was an epitome of selfless leadership mixed with wit and charm. His dynamic personality with a humble demeanor complemented his inspirational leadership style. One might even go so far as to say that his education on the Mabuchi hill had something to do with the unapologetic bluntness with which he spoke up for justice and rallied others to service.

Chuuk has only rarely since seen the likes of the late Governor Aten in spirit and leadership. Who else could turn "Wech ei Chuuk!" from a phrase that in mixed company would be considered as taboo, into a positive rally cry for the common good, active citizenship, and civic engagement—and get away with it? In fact, our Chuuk has an abundance of politicians and a real shortage of leaders. Future generations of Chuukese, and FSMers for that matter, will suffer great-

ly because of failed leadership today.

But failed leadership is not the only reason for the desperate state of our government. While we need to understand the major role that incompetent politicians have played in our history of failure, voters are equally culpable. For so long now, we have enabled mediocrity and incompetence into our leadership psyche. Even with no solutions in sight, and blatant incompetence, we continue to elect the same politicians who have become a hindrance to change. Under the guise of respect for those in office, we continue to watch the same old horror movie (pin fich) but hoping for a happy ending. We Chuukese citizens need to stop hoping for change and be the reform we want to see happen in Chuuk.

We're all in it together to sink or swim. With March elections around the corner, one wonders how voters and politicians are preparing for it. Are unscrupulous politicians writing their platforms without the future generation in mind? Instead, are they cashing out projects for campaign handouts in cash, sacks of rice, turkey tails, fiberglass boats, and an assortment of empty promises trumped up in all night drunken feasts with mayors and clan leaders? And are voters expecting these handouts to sway their votes? Are we blindly following the influence of our clan or municipal leaders without demanding long-term solutions that benefit future generations? Are Chuukese citizens capable of political anger to balance out the shortage of political will among our incompetent politicians? When votes are cast and the next batch of recycled politicians take their place in history, will we have achieved Aten's "Wech ei

Chuuk!" or will Chuuk be wech-ed all over again?

I have great hopes in the new generation of politically aware, outspoken, tech-savvy and educated citizen-leaders of Chuuk. These reform-minded Chuukese citizens are found on the Micsem public forum speaking their minds on political issues in Chuuk. Exhibiting the same tenacity of the Chuukese warriors of old, these political activists who proudly bear their real names (Marz, Gillian, Margarita, Sabino, etc.) are often personally attacked by forumers with cleverly disguised screen names who want nothing better to do with or say about Chuuk. It is this cadre of courageous Chuukese who share a deep commitment to creating a better future for Chuuk who will bring the much needed political change to Chuuk.

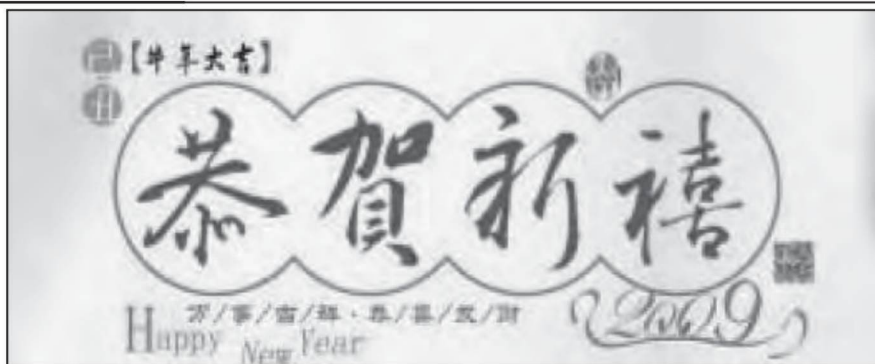
Clearly, there is a need to empower this movement of reform-minded Chuukese citizens. To that end, I have founded the Chuuk Reform Movement (CRM) as one way to synergistically engage politically aware and inspiringly active citizens who have new ideals, and a hunger for reform. This coalition of concerned citizens though physically dispersed globally would use the CRM website (www.chuukreform.org) as their virtual uut (meeting house) to network, inspire and challenge one another, share news, and strategize on solutions specifically for Chuuk. My hope is to attract members in academia, business, government, non-profit, business, and other sectors of life in Chuuk and abroad to build the guiding principles and vision for a better Chuuk.

I challenge any reform-minded Chuukese to be part of the movement. To join is easy and free; to organize respectfully

takes patience; to demand reform requires humility; to lead takes courage; to succeed through perseverance in always doing the right thing is empowering. In line with the American abolitionist William Lloyd Garrison who would say, "It is for politicians to know which way the wind is blowing; it is for organized concerned citizens to raise the winds." While we must embody the solutions we seek from others, we must also unite our breezes and our clouds to form a typhoon for justice to propel politicians toward a more just and prosperous Chuuk.

And if CRM members can raise the winds, maybe...just maybe we can change the culture of disengagement among voters in Chuuk State. Maybe we can live to witness a vision in which citizens are aware of social and political issues affecting them as a people, inspire each other to humble greatness, take responsibility for demanding a transparent and competent government leadership, actively engage in decision-making processes in the community, support political leadership based on sound information and judgment, and share a commitment to take actions that promote the common good of the Chuukese people over self-serving needs. And that would be a great way to respect the legacy of those Chuukese citizens who have modeled for us true selfless leadership... Petrus Mailo, Tosiwo Nakayama, Erhart Aten, Raymond Setik, Josefa Hashiguchi, etc.

Vidalino Raator is a Chuukese living in Northern California. He is the Assistant Director of International Programs at Santa Clara University and founder of the Chuuk Reform Movement (www.chuukreform.org).



The Origin of Chinese New Year and Chinese Customs

The Chinese New Year is now popularly known as the Spring Festival because it starts from the Beginning of Spring (the first of the twenty-four terms in coordination with the changes of Nature).

The last day of the 12th lunar months is New Year's Eve. The climax of the Spring Festival covers the period from New Year's Eve to the 5th day of the first lunar month.

New Year's Eve is the day for family reunions and a ceremonious family banquet is held. The dinner dishes include everything: meats, vegetables, tidbits, rice, buns and noodles. Fish is a must, for luck, as the Chinese word for fish is pronounced the same way as that for "surplus." Besides, China traditionally is an agricultural society. After the Spring Festival, the Chinese farmers in the whole country start farming at the secure time.

Gala Night for the Chinese Lunar New Year of 2009

On January 9, H.E. Mme LIU Fei, Ambassador Extraordinary & Plenipotentiary of the People's Republic of China to the FSM hosted a reception to celebrate the Chinese Lunar New Year (Spring Festival) at Cliff Rainbow Hotel in Pohnpei. H.E. Alik Alik, Vice President, Hon. Lorin Robert, Secretary of Foreign Affairs, Hon. Peter Christian, Secretary of R&D, Hon. Vita Skilling, Secretary of Health & Social Affairs, Hon. Francis Itimai, Secretary of TC&I, Hon. Casiano Shoniber, Secretary of Education, Hon. Andrew Yatilman, Director of Environment & Emergency Management, Hon. Rufino Mauricio, Director of National

Archives, Culture and Historic Preservation, Hon. John Ehsa, Governor of Pohnpei State, Senators of FSM Congress, government officials, representatives of diplomatic missions, the Chinese technicians from the pilot farm, Pohnpei Administration Building project and Kosrae High school project and the local Chinese community, about 120 guests attended the reception enjoying the Chinese traditional festival and the lunar new year.

Ambassador LIU Fei addressed the party by extending the New Year's greeting messages. She introduced the origin of "Guo

nian" and the Chinese customs during the Spring festival and emphasized friendship and kinship is the motif of the Chinese Lunar New year. The year 2008 is unforgettable for both the Chinese and FSM people. The China-FSM relations have maintained a good momentum in the year 2008, with frequent exchanges of visits in various levels, increasing cooperation in economic and trade, cultural, educational and other fields. The Chinese community has made contributions to the social and economic development here. Ambassador LIU pointed out the year 2009 is the 20th anniversary of the diplomatic relationship establishment between China and FSM. With the joint efforts from both sides, the cooperative and friendly relations will be strengthened in the coming years.

Hon. Lorin Robert, Secretary of Foreign Affairs on behalf of the FSM Government and people extended warm congratulations and good wishes to the Chinese community for the Spring Festival. Under the leadership of the Chinese Government, the Chinese people will achieve greater progress. Mr. Secretary thanked the Chinese Government for the kind donation to help the FSM on disaster-relief work and reiterate that the FSM will continue uphold one-China policy and to further the friendly and cooperative bilateral relations between the two sides. The guests also took part in the prize drawing with great interest. Vice President Alik, Secretary of Foreign Affairs Mr. Lorin Robert and many guests won the big watermelons and fresh vegetables from the Chinese Pilot farm and traditional Chinese handicrafts.



Photo By: Bill Jaynes

Twelve Chinese Scholarships for FSM Students

By: *Embassy of the People's Republic of China in the FSM*

The Chinese Government has decided to provide 12 Chinese Government Scholarships (CGS) to FSM this year. Students under 25 years old, who have graduated from high schools or colleges are eligible to apply. The deadline is March 31, 2009.

Applicants may contact the Department of Foreign Affairs, the Department of Education of the FSM National Government, the Department of Education of the four Stated and Chinese Embassy on 320-5575 or email to chinaemb_fm@mfa.gov.cn for Applications Forms and instruction. For further information, please refer to the website of China Scholarship Council, <http://en.csc.edu.cn/>.

The Chinese Embassy is working with the Department of Foreign Affairs of FSM on the enrollment. The Chinese Embassy would like to try its best to further promote cooperation in the fields of education and culture between China and the FSM.

Chinese Government donates money to assist FSM Disaster Relief

H.E. Mr. HU Jintao, the Chinese President and H.E. Mr. YANG Jiechi, Minister of Foreign Affairs write respectively to H.E. Emanuel Mori, President and Hon. Lorin Robert, Secretary of Foreign Affairs to convey deep sympathies to the FSM Government and people, will provide active support and assistance to the disaster-relief work, and hope that the FSM Government will prevail over the disaster and rebuild the hometown.

China Red Cross has provided 30,000 US Dollars instant grant to the FSM side.

LETTERS OF CONDOLENCE

"H.E. Emanuel Mori,
President, the Federated States of
Micronesia, Palikir

Your Excellency,

Shocked to learn that the FSM was hit by unusual tidal surges. It caused extensive property damages and grievous difficulties to people's lives. I would like to convey, on behalf of the Chinese Government and people and in my own name, my deepest sympathies and condolences to Your Excellency and through Your Excellency to the FSM Government and people

At this crucial moment, the Chinese Government and people share the same with the FSM, and will provide active support and assistance to the disaster-relief work of the FSM Government. I believe, under the leadership of Your Excellency, the FSM people will prevail over the disaster and rebuild their hometown.

HU Jintao
President of the People's Republic of China"

"Hon. Lorin Robert,
Secretary of the Department of Foreign
Affairs The Federated States of
Micronesia, Palikir

Your Honorable,

Shocked to learn that the FSM was hit by unusual tidal surges and which caused extensive damages, I would like to convey to your honorable and through your honorable to the FSM Government and people my deepest sympathies and condolences.

I believe under the leadership of the FSM Government, FSM will prevail over the disaster and the lives of people in the affiliated areas will be back to normal soon. The Chinese Government will provide active support and assistance to the disaster-relief work of the FSM Government.

YANG Jiechi
Minister of Foreign Affairs of the People's
Republic of China, Beijing"

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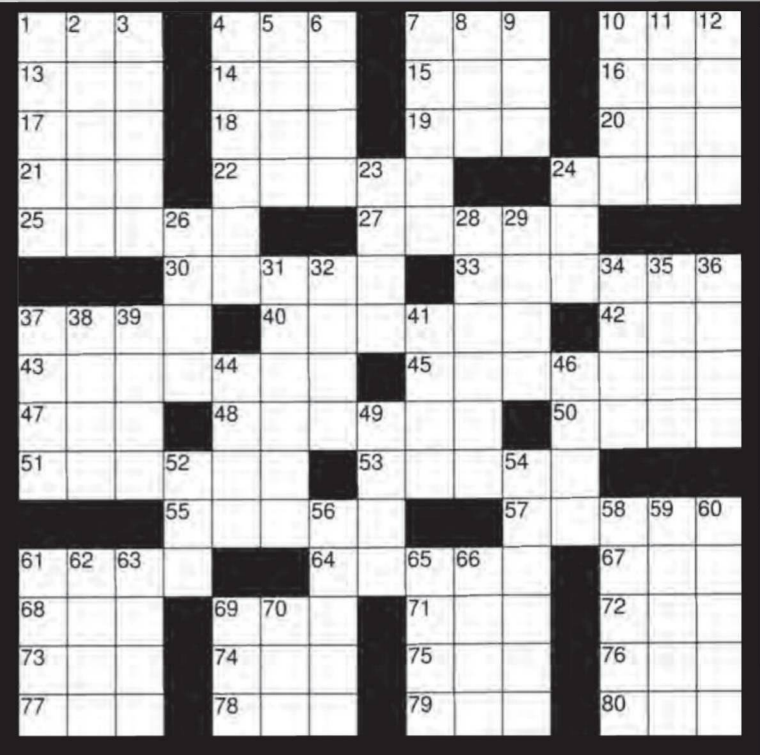
Crossword - TV / Film 3

ACROSS

- 1. TV host Serling
- 4. Extra Superbowl periods, for short
- 7. Chihuahua who sounds like Lorré
- 10. Pivotal Jedi role
- 13. Nickname on TV's Wings
- 14. Movie studio
- 15. Actress Plumb
- 16. Horror actor Chaney
- 17. High-pitched Addams Family role
- 18. Director Miller
- 19. Clarinet, in Peter and the Wolf
- 20. Dr. Seuss movie role
- 21. Keanu, in The Matrix
- 22. TV hostess White
- 24. Frequent TV Xmas show host
- 25. Basic Instinct star
- 27. Afternoon talk show host
- 30. Emmy role for Susan, finally
- 33. Michael Caine film of '64
- 37. Actor Jannings
- 40. 1943 Bogart film
- 42. Rene Auberjonois role
- 43. Actor Hurt
- 45. Surname at 1313 Mockingbird Lane
- 47. Diamonds _____ Forever

- 48. Wuthering Heights actress
- 50. Actress Suvai
- 51. 1987 Kim Basinger film
- 53. Davis of Do the Right Thing
- 55. Actress Reese
- 57. Silent films actress
- 61. Carla on Cheers
- 64. Splices film
- 67. Show on TV
- 68. Special effect for Spock
- 69. Sean Penn film _____ Sam
- 71. Newman's Exodus role
- 72. Old movie studio
- 73. Actor Wallach
- 74. TV spot filler
- 75. George Burns role
- 76. _____ to Midnight (Bronson film)
- 77. Actor Majors
- 78. Movie site or TV unit
- 79. _____ Day at a Time
- 80. 48 _____ (Murphy/Nolte flick)

- 5. When tripled, a WWII film
- 6. Ollie's costar
- 7. Episode starter, often
- 8. Actress Gabor
- 9. Sandra Bullock film, with The
- 10. Raspy-voiced actor Ray
- 11. George Wendt, on Cheers
- 12. Goldblum/Pfeiffer flick _____ the Night
- 23. Wyle of ER
- 24. 1996 role for Antonio
- 26. Gimme a Break star Carter
- 28. Nick at Nite features
- 29. Alda of M*A*S*H
- 31. She played TV George's wife
- 32. It _____ From Outer Space
- 34. Weekly ritual on Survivor
- 35. Harper Valley P.T.A. star
- 36. You've Got Mail director Ephron
- 37. Actor McGregor
- 38. Actress Sorvino
- 39. TV spy show _____



DOWN

- 1. Casablanca star
- 2. TV's Bradford kids e.g.
- 3. Last name in droids, informally
- 4. Director Stone

- Three Lives
- 41. Good Times actor
- 44. Actress Skye
- 46. Hoskins, in Hook
- 49. Word in a Hope-Crosby film title
- 52. Brenda and Rhoda's mom
- 54. TV's _____ Edition
- 56. Melvin and Howard star
- 58. Wayne's co-host

- 59. Star Trek: The Next Generation role
- 60. Von Bulow portrayer
- 61. Spool for film
- 62. He played the Skipper
- 63. That thing you do! setting
- 65. 1995 Kenneth Branagh role
- 66. 1982 Disney film
- 69. _____ a Wonderful Life
- 70. Vigoda of Barney Miller

K Press Puzzle Pleasure



Starts with "T"

Each of the words in the puzzle begins with the letter "T." There are a total of 40 words; each one is five letters long. Once you've found them all, compare your list with your friends.

Your List Goes Here

The Quest for "QU"

The word hidden in the puzzle all contain the letter combination "QU." There are four 4-letter words, 17 5-letter words, 19 6-letter words, and four 7-letter words, for a total of 44. See if you can find them all!



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COMMUNITY BULLETIN BOARD

- Alcoholics Anonymous meets every Wednesday at Cantero Hall at the Roman Catholic Vicariate office at 7:00 p.m. Public welcome. For details, call 320-8365.
- Pohnpei Lions Club meets monthly every 4th Tuesday at Cliff Rainbow Restaurant at 6:30 p.m. Public Welcome.
- The Christian Ministerial Association of Pohnpei meets the third Wednesday of each month at 10:00 a.m. in Cantero Hall at the Roman Catholic vicariate office.
- Devotions every Sunday 9:30 a.m. at the Bahai Center in Dolonier. For details, call 320-2182.
- Habitat for Humanity Pohnpei holds their meetings every Tuesday from 11:30 a.m.-12:30 p.m. at the Sei Restaurant.
- Soccer practice/games at PICS field Monday, Tuesday, Thursday 5:30 p.m. Everyone welcome.
- The Rotary Club of Pohnpei holds its weekly meetings Thursdays at 12:15 p.m. at PCR Nantehlik.
- St John's Catholic Church in Kosrae conducts services every Sunday at 9:30 a.m. For further information, call 370-3240 or 370-3209.
- FANGO holds its monthly Issue Based Dialogue (IBD) on the last Wednesday of each Month at the Sei Restaurant at 12:00 p.m. to 1:00 p.m. The public is welcome.
- The Rotary Club of Truk Lagoon holds its weekly meetings every Wednesday at 12:00 Noon at the Truk Stop Hotel Restaurant VIP Room. You are welcome to attend and can contact us at:
- rotarycluboftruklagoon@yahoo.com

The Community Bulletin is a free message board exclusive to announcements. To post your announcements to The Kaselehlie Press:

P. O. Box 2222 phone to: (691) 320-6547
Pohnpei, FM 96941 email to: kpress@mail.fm

Puzzle Pleasure Previous Issue's Solutions

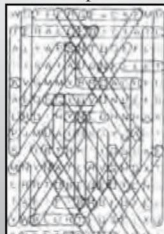
1-7-09 Issue - TV/Film 2

Crossword Solution

H	A	T	A	B	E	N	I	A	L	E	E
O	N	E	F	A	Y	E	D	D	I	T	T
S	N	L	A	C	E	D	A	S	B	O	O
T	E	L	E	C	A	S	T	A	N	N	A
D	E	L	I	A	S	T	O	R			
A	O	K	I	L	E	T	H	A	L	G	U
T	H	A	T	S	M	E	A	R	A	A	R
E	A	R	T	A	P	N	A	N	R	K	O
A	R	E	A	L	I	E	N	D	O	R	E
M	A	N	C	A	R	N	A	L	W	Y	L
M	I	N	E	O	A	P	E				
P	E	R	I	S	A	M	A	N	T	H	A
A	L	A	B	A	M	A	L	O	T	I	A
A	L	F	V	O	N	B	U	T	D	R	T
R	A	T	A	M	Y	A	R	I	E	T	S

1-7-09 Issue - Express Yourself

Word Search Solution



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**A blonde girl named Emily Skinner
Would not eat a bite of her dinner
She'd been painting her door
And the man at the store
Had told her she had to get thinner**

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Let's Go Nuts!

By *Blanche Greene-Cramer*

Nuts and seeds are two of the most nutritious body-building foods and are easily available for families in the Pacific. There are different varieties that are grown, ranging from the most common, like coconuts, to others that are eaten only in certain areas, like the chestnut (mworopw). Some can be eaten raw, while others need to be soaked in water, dried, roasted or cooked before eating, but they all are a great resource for meals and snacks. Nut trees and seeds also do not need a lot of looking after, so are easy to grow and harvest. Nut trees are also more resistant to bad weather and pests than other food plants.

Edible nuts and seeds are excellent sources of energy and are regarded as a complete food because they most often contain enough of the essential nutrients that we need: proteins, vitamins, minerals, and are a source of healthy oils and fats. These foods help supplement starchy root crops and can improve the quality of the meals because they are a good source of protein, even for breastfeeding women. Many nuts and seeds also are a good source of vitamins, particularly the B-vitamins thiamin (vitamin B1), riboflavin (vitamin B2), and niacin, which help release en-

ergy from the food so that it can be used by the body. Minerals like calcium and iron, which help keep our bones, teeth, and blood strong, are also found in nuts and seeds.

There are many delicious and nutritious ways to prepare nuts. They can be boiled and mashed with vegetables like breadfruit or banana, cooked into soups, stews, and casseroles, roasted or dried. Drying is also the best way to preserve nuts and seeds. Once dried in the sun to remove as much water as possible, nuts will keep in a cool, dry place for several months if free of insects and disease. You can make flour from dried or roasted nuts by wrapping them in a cloth and pounding them into a fine powder.

In 2005, the chestnut (mworopw), whose scientific name is *Inocarpus fagifer*, was identified in the Pohnpei Case Study on Traditional Food for Health carried out in Mand, as the tenth most important traditional food needing promotion. It was also selected as the nut most liked for its ease of growing and preparing. The chestnut tree grows wild, mostly in coastal or swampy areas, but also can be used as a source of shade for other crops when cultivated in a family garden. The nut is flat and has a husk that is either green or yellowish-brown depending on the age. In order to get to the nut, you must first cut and remove the hard husk, which can be

difficult.

When it comes to the chestnut, the more work to prepare the tastier the result. Mworopw can either be baked whole in an uhmw or boiled. Boiling in the husk takes several hours, but the results are a better and sweeter taste. The more mature the nut is, the better it tastes but the harder it becomes to remove the husk. One tasty recipe for a morning meal or snack is Seipwok in Mworopw, which involves only two ingredients: mworopw and grated coconut. Try it for yourself!

References: South Pacific Food Leaflets No. 15, Nuts and Seeds, Secretariat for the Pacific Community, 1991; Pohnpei Case Study on Traditional Food for Health, 2005; Preparation of Pacific Island Foods, The South Pacific Community Nutrition Training Project, 1990



Robert Andreas here points to the energy-efficient charcoal oven, built through the Island Food Community of Pohnpei (IFCP) project supported by the Global Environmental Facility Small Grant Program (GEF SGP). Alpret Bernardo looks on, holding a fish to be baked. This oven uses charcoal from coconut shells and hard wood. The oven is energy-efficient compared to open fire cooking, offers a healthy way of cooking (baking has advantages over frying), is convenient (compared to the traditional way of making an uhmw, or earth oven), and is MONEY-SAVING. Thanks are extended to GEF SGP and the Global Greengrants Fund, which has provided funds to IFCP for a further project focusing on the charcoal oven. Readers interested in this program should call IFCP at 320-5239.

Astronomical Tide Prediction January 21 - February 3, 2009

	Pohnpei		Chuuk	
Wednesday	Wed 01:02PM 3.2 09:18PM 1.2	Wed 04:34AM 2.9 10:01AM 0.7 04:26PM 4.3 11:03PM LST 0.3	Wed 12:46PM 1.6 10:27PM -0.4	Wed 03:54AM 0.6 08:13AM 0.2 03:24PM 2.1 10:36PM -0.2
Thursday	Thu 02:47AM 1.7 06:00AM 1.6 01:43PM 3.5 09:21PM 0.9	Thu 04:58AM 3.1 10:33AM 0.8 04:52PM 4.1 11:24PM 0.4	Thu 01:05PM 1.7 10:28PM -0.4	Thu 04:09AM 0.7 08:47AM 0.2 03:44PM 2.0 10:44PM -0.1
Friday	Fri 02:56AM 1.9 07:09AM 1.4 02:14PM 3.7 09:32PM 0.7	Fri 05:24AM 3.2 11:05AM 0.9 05:18PM 3.8 11:46PM 0.5	Fri 01:27PM 1.9 10:25PM -0.4	Fri 04:28AM 0.9 09:22AM 0.3 04:01PM 1.8 10:50PM 0.0
Saturday	Sat 03:11AM 2.1 07:52AM 1.2 02:42PM 4.0 09:46PM 0.5	Sat 05:53AM 3.2 11:40AM 1.0 05:43PM 3.5	Sat 01:51PM 2.0 10:20PM -0.4	Sat 04:51AM 1.1 09:58AM 0.5 04:09PM 1.4 10:51PM 0.0
Sunday	Sun 03:29AM 2.3 08:28AM 1.0 03:08PM 4.1 10:03PM 0.4	Sun 12:07AM 0.7 06:26AM 3.2 12:20PM 1.3 06:07PM 3.0	Sun 02:15PM 2.2 10:18PM -0.3	Sun 05:18AM 1.2 10:37AM 0.7 03:55PM 1.1 10:44PM 0.0
Monday	Mon 03:49AM 2.5 09:00AM 0.9 03:34PM 4.3 10:22PM 0.3	Mon 12:29AM 0.8 07:08AM 3.1 01:14PM 1.6 06:26PM 2.5	Mon 03:54AM 0.3 06:52AM 0.2 02:39PM 2.2 10:21PM -0.3	Mon 05:52AM 1.3 11:32AM 0.8 02:29PM 0.9 10:23PM 0.0
Tuesday	Tue 04:11AM 2.7 09:31AM 0.8 04:00PM 4.3 10:42PM 0.2	Tue 12:50AM 1.0 08:12AM 3.0 03:25PM 1.9 06:09PM 2.0	Tue 03:46AM 0.4 07:36AM 0.2 03:02PM 2.2 10:27PM -0.2	Tue 06:48AM 1.4 09:51PM -0.2

Seipwok in Mworopw

By *Lili Pony of Mand*

Ingredients:

- 50 chestnut, mworopw
- 2 coconuts, grated

Method:

1. Take off the husk of the mworopw (this is a tedious and time consuming job, so invite a friend to help).
2. Cut nut into halves.
3. Boil the halves in water for 2-3 hours.
4. Drain all the water.
5. Add coconut cream.
6. Boil for another 1-2 hours in the coconut cream depending on how soft you prefer. (The longer you cook it, the softer it will become.)

Note: You can also put the mworopw in the uhmw and cook. Then take off the husk (it is still hard to remove). Cut into halves and cook in copra or just eat right after it is out of the uhmw.

Seipwok in Mworopw Doalepe

- 50 mworopw
- 2 mwangas, koikoidi

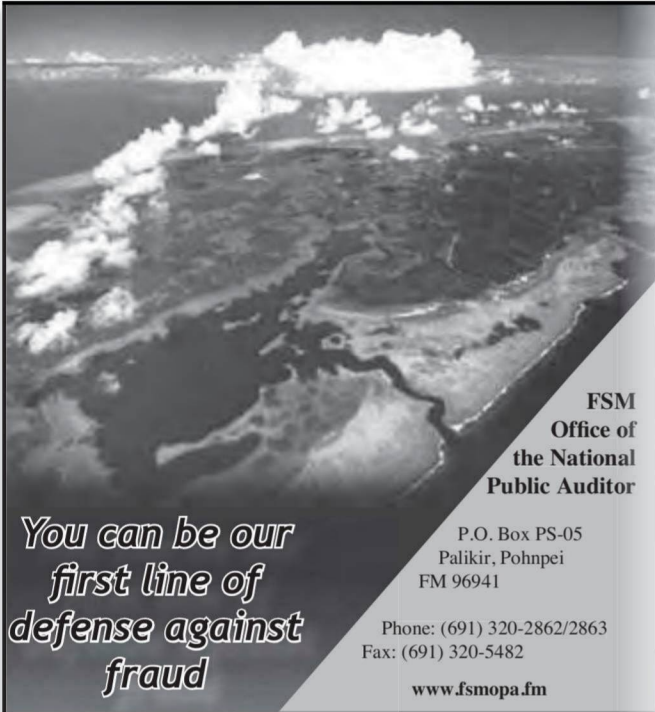
Wiepe

1. Kisang kilihn mworopw.
2. Pwalang mworopw pwehn wiahla riau.
3. Pwoailih mworopw lopdihko ki awa riau de siluh.
4. Widekihsang pihl sang nan ainpwoat.
5. Doaloahieng pilen mwangaso nan mworopw.
6. Pwurehng pwoailih ki awa ehu de riau.

**Note: Komw pihl kak umwih mworopw kat. Ansou me uhmw wak, ah ke kihsang kilin mworopw. Ke kak pwalangte koh kang de ke doaloaieng mwangas.*

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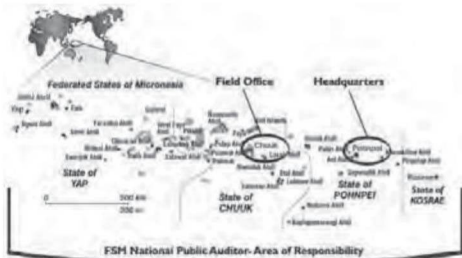
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OFFICE OF THE NATIONAL PUBLIC AUDITOR (ONPA) OVERVIEW

Mission: We conduct audits and investigations to recommend improvements in government operations, efficiency and accountability for the public's benefit.



COMPLIANCE INVESTIGATION DIVISION (CID)

- CID is the Public Auditor's investigative arm
- An agreement between FSM Department of Justice and ONPA provides authority to conduct criminal investigations
- CID Mission Areas:

- Administrative investigations
- Criminal investigations
- Crime prevention



REPORTING SUSPICIOUS ACTIVITY

WHAT IS FRAUD?

- Fraud is cheating for profit
- Fraud is characterized by acts of guile, trickery, concealment, or breach of confidence, which are used to gain some unfair or dishonest advantage
- The object may be to:
 - gain money, property, or services; or
 - avoid payment of money, property, or services
- Fraud is a crime that takes money away from essential government programs

FRAUD INDICATORS

- An employee living beyond their apparent means
- An inappropriate relationship between a contractor and a government employee
- A government employee receiving gifts or benefits from a contractor who works for the government
- False timecard reporting
- Contractor fixing prices
- Contractor not delivering goods or services for which they were paid
- Contractor delivering substandard quality work

WHO CAN REPORT?

Anyone can and should report suspicious activity, whether you may be a government employee, contractor or public citizen. Each of you has a responsibility to combat fraud. Do your part by reporting illegal activity today.

WHO CAN COMMIT FRAUD?

- Government employees and officials
- Contractors
- Private citizens

WHEN TO REPORT?

You should report any suspicious activity as soon as you observe it. Generally, if you feel something may be fraudulent, you should report it. Trust your intuition. You can be our first line of defense against fraud. It's your own money that you are protecting

PROTECTING YOUR IDENTITY

- The ONPA can keep your identity confidential. Do not worry that by reporting fraud it will compromise your job or standing within the community

HOW TO REPORT FRAUDULENT ACTIVITY

- Call: ONPA Hotline at (691)320-6768
- Call: ONPA Office at (691)320-2862/2863 (ask for CID)
- Fax: (691)320-5482 (Attn: CID)
- Mail to: Office of National Public Auditor, ATTN: CID P.O. Box PS-05, Palikir, Pohnpei, FM 96941
- On-line: <http://www.fsmopa.fm/hotline/complaint.htm>