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The KASELEHLIE PRESS

PO Box 2222 Kolonia, Pohnpei, FM 96941 Phone 691-320-6547 Kpress@mail.fm www.kpress.info

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Countdown to Micro-Games begins- planning well underway

By *Bill Jaynes*
The Kaselehlie Press

August 1, 2013
Pohnpei, FSM—The new sign on the corner of the Pohnpei State Government building serves to count down the days until the Eighth Micronesia Games will begin next summer. It also serves as a visual reminder that there is much yet to be accomplished before the games kick off with an opening ceremony on the evening of Sunday, July 19, 2013.

The swimming pool is done and in pristine condition. The track needs to be entirely resurfaced, partially due to insufficient drainage installed when the synthetic track was laid down for the 5th Micro Games in 2002. Organizers are toying with the idea of utilizing cinder for



Photo by Bill Jaynes

Bob Spegal and Lt. Governor Marcelo Peterson begin counting down the days to the Micro-Games

See "Micro-Games" on page 6

Joint firearms training begins in Pohnpei

By *Bill Jaynes*
The Kaselehlie Press

August 5, 2013
Pohnpei, FSM—Members of the Pohnpei Port Authority and the Pohnpei State Police met for the opening ceremony of the first joint firearms training. The opening ceremony was ambitiously scheduled to begin at 8:00 this morning at the Cliff Rainbow Hotel conference room.

Three firearms specialists from the Guam Airport Police will train 24 members of the Pohnpei Port Authority and 21 members of the Pohnpei State Police in the proper use and handling of firearms. The trainers are Officers Dean Delgado, Lenny Hernandez, and Carl Cruz. The training is to conclude on August 16. Those who pass the training will then be certified to carry firearms in the performance of their duties.



All photos by Bill Jaynes

See "Firearms" on page 8

FSMTC deal could more than double Yap bandwidth and quadruple speed

By **Bill Jaynes**
The Kaselehlie Press

Pohnpei, FSM—On July 30, 2013, FSM Telecommunications Corporation (FSMTC) signed an agreement with the Google sponsored O3B network for fiber-like capacity through medium earth orbit satellite for service to the FSM State of Yap.

The agreement is contingent upon a similar agreement with Palau National Communications Corporation (PNCC). PNCC reportedly needs the approval of the US Department of Agriculture's Rural Development program before it can sign with O3B though Palau's telecommunications officials appear to be poised to do so.

O3B has said that the market in Yap is too small and it can't commit a satellite beam to Yap alone. If Palau signs on, the combined market will be big enough for O3B to provide service.

O3B is based on a set of medium earth orbit satellites, four of which were successfully launched in June. More are scheduled to be launched in September to complete the constellation of satellites that would service Yap and Palau if Palau signs onto the deal. What the FSM would get from those satellites is approximately two and half times more bandwidth for Yap for essentially the same amount of money that FSMTC is currently paying, its current provider for bandwidth. Because the satellites are four times closer than the geostationary satellites that orbit the earth at a distance of 22,000 miles, the "latency" time will also be at least four times less with O3B than with the existing provider. Simply put, latency is the time it takes a packet of data to get from one point to another. It doesn't matter how much bandwidth is available, if latency is high enough to be noticeable, users will not be satisfied. With a geostationary satellite system, that latency is at nearly half a second, quite a long time for Internet communications and certainly very noticeable.

If O3B goes on line in Yap, then FSMTC says that it will negotiate with its current provider to divide the bandwidth that is currently used for Yap between Chuuk and Kosrae.

FSMTC CEO John Sohl says that it currently pays between \$2,000 and \$4,000 per mbps on its existing providers per month. FSMTC has a set contract with its existing carrier that expires in 2015. If O3B's much lower prices begin to

drive the market, FSMTC could stand to pay much less after the existing contract expires, money that could then be used to purchase much more bandwidth for the FSM or could be passed on to customers.

The O3B contingency agreement is not intended to be instead of a fiber optic but even if the FSM had all of the money it needed to start laying a fiber optic cable to Yap it wouldn't be ready any time soon. FSMTC says that it would probably take at least five years to get it there because of the myriad of details that goes with laying a fiber optic cable, not the least of which are the environmental studies that must be conducted. It's about how long it took to organize the fiber optic cable between Kwajalein and Guam and for the spur from that run to be laid to Pohnpei.

FSMTC says that if Palau were to sign with O3B today the service could be online in Yap by late this year.

The FSM is not the first in the Pacific Region to have signed an agreement with O3B. The Cook Islands has that honor. They have been testing with O3B, and will continue that testing until the next four satellites are in orbit. They are scheduled to begin delivering "live" commercial service to its customers by November of this year.

During an interview three weeks ago, John Sohl, FSMTC's Chief Executive Officer said that FSMTC had been in contact with the Cook Islands telecom provider on a daily basis to see how the service was going. He said that in the late 90's the Iridium Satellite service started up but that bandwidth on that service was cost prohibitive. Further the start-up company, started up several times before it actually got running and now only very deep pocket customers tend to use the service. FSMTC wanted to be sure that O3B wasn't just a lot of hype.

Apparently what FSMTC heard from the Cook Islands about their experiences to date with the O3B system was enough to convince FSMTC that they should sign on while there are still spots left.

Several other Pacific Island nations have also reserved space on O3B including American Samoa, even though it already has a fiber optic



qualify for a World Bank grant. The World Bank only deals directly with governments. During the recent Micronesia President's Summit, Palau indicated that it might be hesitant to take on \$20 to \$30 million in new loans.

The absolutely certain requirement that the World Bank has is that the FSM must liberalize its telecommunications policy to allow for competition.

FSMTC spokespeople continue to say that they are ready for thoroughly thought out legislation that allows for competition on a level playing field. They say that the key is that any such legislation should take every angle into consideration to avoid the possibility that competition would not simply end with a foreign monopoly handling FSM's telecommunication which could happen if the playing field is not level.

They also point out that the idea of creating a Submarine Fiber Optic commission seated at the FSM National government does nothing more than dismantle one monopoly by creating another one. Further, the FSM National Government is not on the hook for one single dime of FSMTC debt. In fact the credit ratings of FSMTC and now FSM Petro Corp have helped the National government with its borrowing needs.

Currently FSMTC cross subsidizes certain services such as landline services and some of the services in smaller markets in order to keep the price as low as possible for everyone. On a Pacific wide scale, FSMTC's prices are lower than most telecommunications providers in nearly every type of service it offers. Their ability to do that might evaporate if telecommunications legislation is not well thought out. That would then drive prices up for the consumer.

"You want to liberalize telecommunications if you want to drop prices but our rates are so low I don't understand where that push is coming from," said CEO John Sohl. "If they (the World Bank) want unlimited service they should give the providers the money we need to reach the markets that we don't currently have the capital to reach."

Secretary Frances Itimai of the FSM's Department of Transportation and Communications was off island and unavailable for comment on FSMTC's agreement.

cable that connects the island to the rest of the world. The problem with American Samoa's fiber is that their provider is charging them an exorbitant amount and it is not that much faster than what the O3B system can supply.

Some in the FSM think that term name "O3B" is somehow belittling and that a fiber optic cable is the only way to go.

"I am sorry but O3B stand for the 'Other 3 Billion' people who will not be in the mainstream of fiber optic communication mode, like land-lock countries in Africa and others", Yap's Senator Jesse Raglmar-Subolmar wrote in a facebook message on Yap's Development page, "but Yap will be included if it misses the opportunity now to be connected to the fiber optic cable as supported by the offer of the World Bank, which is providing not only the grant for Yap State Connectivity and that of Chuuk and Kosrae it is also providing technical assistance that would help in-country preparation as well as helping with the setup to ensure effective regulatory over the service providers to ensure transparency in their price /cost structures, efficient service and assured increase benefits, i.e. in reasonable and affordable services to the users of the service not the providers of the service," the Senator's long sentence ends.

The World Bank offer to which the Senator referred is an offer of approximately \$10 million toward a submarine fiber optic cable for Yap. That deal seems to be contingent on a couple of things happening. There seems to be a requirement that Palau must be part of the deal but on a per capita basis, Palau's Gross Domestic Product is higher than most, if not all of the Pacific Island nations and does not

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Bill Jaynes
Managing Editor

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Special Session extends tax clause and assistance nationwide

FSM Congress News

July 28, 2013

PALIKIR, POHNPEI – The First Special Session of the Eighteenth Congress of the Federated States of Micronesia adjourned sine-die on July 24, 2013, with the tax clause extended to September 30th and debt relief assistance extended to all four states.

As the priority item on President Manny Mori's Call, Congress reviewed his request to extend once more the 'sunset clause' on the Revenue Administration Act in the FSM's tax reform.

While Congress believed the Tax Reform effort should not proceed without the participation of all States, they were also mindful of the States' freedom to decide and therefore expressed its concerns that the lack of legislations may hint to the intent of the two remaining states.

During its deliberations, the Committee on Ways and Means had considered a bill proposed to extend the clause and one proposed for its repeal and opted to reject the repeal. The Committee took note of communications from the Governors of the two remaining states to the President citing positive movements in their efforts.

The State of Yap shared that they had been making "significant progress" with a "full set of tax reform efforts transmitted to the legislative branch." The letter from the State

of Pohnpei mirrored the progress by Yap State and noted that their recent Long Term Fiscal Framework exercise highlight the need for a tax reform. Pohnpei further noted that the Legislature has taken the lead in meeting with the various stakeholders and members of the communities.

After arduous discussions and much activity on the floor, Congress passed Congressional Act (CA) 18-06, to extend the tax reform Sunset Clause until the end of the fiscal year, September 30, 2013, to allow time for the two remaining states to successfully address their role in the nationwide tax reform effort.

With the sunset clause addressed, Congress shifted its attention to the fiscal state of the nation and decided to extend massive assistance to all four states.

Congress passed a measure to absolve the State of Kosrae from repayment of a loan provided by the National Government. In 2006, a recovery loan of \$1,500,000 was given to the state to help alleviate its financial crisis for which an outstanding balance of \$1,310,000 remains. Due to the current financial position of the State of Kosrae, Congressional Act (CA) 18-07, is to forgive the state from repayment.

In the same vein, Congress passed a measure to absolve the State of Chuuk from repayment of a loan provided by the National Government in 1997. The National Government provided a recovery loan of \$3,761,987 to the state to help alleviate its financial crisis for which an

outstanding balance of \$748,804 remains. Due to the current financial position of the State of Chuuk, CA 18-08, is to forgive the state from repayment.

Congress passed CA 18-09, as a measure to amend a previous appropriation law by changing the use and allottees of funds previously appropriated. The measure also provided \$100,000 each to the at-large representatives of the States of Chuuk and Kosrae.

Another measure passed during the first special session is CA 18-10, to amend a previous law to change the allottee of certain funds previously to the Governor of the State of Chuuk or his designee.

And finally, Congress passed CA 18-11, a measure to appropriate \$1,680,000 for the States of Pohnpei and Yap to assist in retiring debts and for budget shortfalls with a clause specifying that the funding should not be used for personnel or travel. Accordingly, the State of Pohnpei is to receive \$1,130,000 with \$130,000 to the Micronesian Legal Services Corporation and \$895,000 towards the principal amount owed by Pohnpei employers to the Social Security program. The State of Yap is to receive the remaining \$550,000 provided that \$50,000 be for fuel of a Field Trip ship.

With the exception of the CA 18-06 which is now Public Law 18-06, all other Acts are undergoing review and consideration for the President's signature.

In addition to the Congressional Acts, Congress adopted three resolutions during the First Special Session of the 18th Congress and they are:

Congressional Resolution (CR) 18-31, is a measure to set the ceiling of funds available during the current fiscal year at \$60,266,034 for which \$52,566,824 is to be from domestic revenues and the remaining \$7,699,210 to be from the amended Compact funding.

CR 18-33, is the measure to confirm Vincent Tafileluw as the State of Yap's representative on the FSM Social Security Board.

The final measure of the First Special Session of the 18th Congress is the approval and acceptance of a United Nation's funding of \$10,000 to be applied towards implementation of two conventions under the UN:

- the Convention on Elimination of Discrimination Against Women; and
- the Convention on the Rights of the Child

With the passage and adoption of all the noted measures, the First Special Session of the 18th Congress of the Federated States of Micronesia adjourned sine-die on Wednesday - July 24, 2013.

In accordance with its Rules of Procedures, the next Regular Session of the Congress is scheduled for September 12th.

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Third meeting of the Chuuk advisory group on education reform

Chuuk Advisory Group on Education Reform

July 26, 2013

Weno, Chuuk, FSM—The Chuuk Advisory Group on Education Reform held its third quarterly set of meetings in Weno, Chuuk, from July 22 through July 26, 2013. The Advisory Group is assisting the Chuuk State Board of Education and the Department of Education to implement education reform commitments that were made at the Chuuk High Level Meeting on Education Reform held in Weno, Chuuk this past November, 2012, with representatives and staff from the FSM National Government, the U.S. Government and the Chuuk State Government.

Members of the Advisory Group include three eminent friends of Chuuk State, including Tom Bussanich, the Director of the

Division of Budget and Grants Management in the Office of Insular Affairs within the United States Department of Interior; Patrick Tellei, the President of the Palau Community College; and Francis X. Hezel, a Jesuit Priest and the founder of the Micronesian Seminar.

The Advisory Group once again met with the Chuuk State Governor, Board of Education and Department of Education to discuss the on-going progress of ten High Level commitments as well as additional recommendations made by the Advisory Group during its first two quarterly meetings. The Advisory Group and the Chuuk Board of Education had very productive meetings and concurred on many of the reform issues being considered.

Despite this much improved and expanded reform discussion, the Advisory Group conveyed its concern regarding the slowness

of the Chuuk State Government to finalize the process of appointing and confirming a Director of Education, as well as vacant and expiring Board of Education positions. The Advisory Group also expressed concern regarding Chuuk State's slow progress in implementing primary school consolidations, as committed by all parties at the High Level event.

With the hiring of professional Human Resource, Reform and Management Consultants, the Advisory Group is encouraged that several outstanding reform initiatives will begin to move forward, including the development of a contract system for teachers that will limit leave during the school year, monitoring of student, teacher and principal attendance at all schools, development of a methodology governing

the selection of school principals, improving physical facilities and making sure schools have the basic requirements for strong school instruction.

Tom Bussanich expressed his sincere appreciation on behalf of the Advisory Group to the Board of Education for its much invigorated participation throughout the week. According to Mr. Bussanich, "when all of the parties to a project work together to find solutions to hard

problems, solutions are usually found, and the Board showed a strong commitment during our meetings to move this reform forward."

The Advisory Group will return to Chuuk for its next quarterly meeting in the last week of October of this year.

Chinese company loses casino license

Talamua Online

August 7, 2013

Samoa's Gambling Control Authority (GCA) has announced the offer for a casino licence to the Chengdu Century City New International Convention and Exhibition Centre Co. Ltd. (ETG) earlier this year, has been withdrawn.

The withdrawal of the offer follows events that make continuing to hold the licence open for ETG untenable for the GCA.

These events concern allegations against the Chairman of ETG that have been well publicized in various media outlets recently. ETG were not able to confirm when the issues concerning its chairman were likely to be resolved, ultimately affecting GCA's ability to properly negotiate in a timely manner any licence with ETG.

In the circumstances, ETG are not able to fulfill the conditions and legal requirements for the issue of a full licence, and the GCA has therefore reviewed the offer of a casino licence made to ETG, and has decided to withdraw it.

The GCA will consider in the coming months what course of action to take relating to a second casino licence for Samoa.



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Kosrae State granted medical waste incinerator from Embassy of Japan

Embassy of Japan

On July 30, 2013 the handing over ceremony for a project granted to the Kosrae Government was held at the Kosrae State Hospital. The amount of \$80,700 was granted to Kosrae to purchase a medical waste incinerator and also to fund the renovation of an incinerator shed where the machine will be housed.

Kosrae State reported that an incinerator was needed to replace the old machine currently being used that no longer can operate due to damage. The hospital had started to burn the medical waste in an open area but it is too dangerous for residents, patients, and employees to inhale the emissions from the fire and may lead to all types of diseases such as Hepatitis, AIDS, and many more because of the inability to burn the medical waste and the infectious materials properly.

The Government of Japan provided a grant through the Grassroots Human Security Projects to address the problem. This project will be very beneficial not only for the hospital but also countless others as it will improve the sanitation of the hospital and the environment as well.

Mr. Tsuneaki Sato, an official from the Embassy of Japan, presented the Project on behalf of the Embassy of Japan and Mr. Livinson A. Taulung, Director of

Department of Health Services accepted on behalf of the Kosrae Government. Kosrae state has been the recipient of numerous

grant aid projects from the Government of Japan and it speaks well for the binding relationship between the Government of

the Federated States of Micronesia and Japan.



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REQUEST OF PROPOSALS



The Pohnpei Port Authority is soliciting proposals from Businesses or Individuals interested in leasing (1) or (3) terminal concessions located at Dekehtik Airport Terminal building. The following are the description sizes of the concessions.

Concession 1 consists of two restaurants slots area of 2,205.2 square feet.

- a) Restaurant slot No: 1 dimension size is 59.6' X 18.5' or a total of 1,102.6 square feet.
- b) Restaurant slot No: 2 dimension size is 59.6 X 18.5' or a total of 1,102.6 square feet.

Concessions 2 consist of one room (office/store space) area of 156 square feet.

- a) Dimension size is 18.1X 8.61square feet.

Proposals will be accepted from July 29,2013 to August 14,2013 no later than 5:00PM

Pohnpei Port Authority reserves the right to reject any and all proposals received in connection with this proposal request.

Additional information regarding this request proposal can be obtained from the office of the General Manager or the Marketing division of Pohnpei Port Authority, Dekehtik,Pohnpei State, telephone No: 320-2793 or 320-2682,Email: netse@mail.fm or freelabraham@yahoo.com

... Micro-Games

Continued from front page

the track though that idea has not at all been decided upon. Many track events on cinder tracks have been cancelled over the years and they are notoriously high maintenance. Track events at the Olympic Games were last run on cinder tracks at the 1964 games in Tokyo.

VCS construction has the contract to renovate the tennis courts that were also improperly prepared for the 5th Micro Games. They've already begun demolition and the new courts will be in on time for next year's games.

Organizers are mulling the possibility of removing the stairs that were added as a modern addition to the Spanish Wall so that they do not serve as a left center field obstacle at the Spanish Wall ball field. The stands at the Daini Ball Field need a bit of a face lift but the field seems to be in good playable condition.

A myriad of details need to be arranged. Who will stay where and will there be enough rooms on island to accommodate everyone? Can home stays be arranged, and if so, with who? Who will officiate at the sporting events? How will news of the daily events get out to the international community? Will security be sufficient? What will need to be done to ensure that emergency medical treatment is available and sufficient? What can be done to entertain so many people during down times? Will the committee be able to feed everyone? Can agreements be completed in order to secure venues, and will those venues be

suitable? How do we get all of the participants to each of the venues and on time?

Of course there's the question of finance. The budget for the 5th Micro Games was approximately \$1.14 million. The budget for the 8th Micro Games, which is still in a draft stage currently projects a need for approximately \$1.2 million in order to pull the games off smoothly.

Many of the questions, if they have not already been answered are well on their way to being answered.

Pohnpei's Lt Governor Marcelo Peterson is the chair of the organizing committee for the Games and says that preparations for the games are well underway. He said that when Pohnpei hosted the Fifth Micronesia Games in 2002, planning did not get well and truly underway until about six months before the games were scheduled to begin. Despite the short time for planning, those games were surprisingly well organized.

Planning for the Eighth Micronesia Games began in mid-March of this year with a Games Management Seminar held at the FSM National Olympic Committee conference room.

The funding sources for the 5th Micro Games included the Pohnpei State Legislature, FSM Congress, International Sports Organizations (ISO), and fundraising efforts from government and private donors, both local and off-island. The source of funding for the 8th Micro Games is expected to be the same but organizers say that with a longer lead-time they anticipate that ISOs and off island share

will be larger than in 2002.

So far the organizing committee has received tentative commitments for competitors from the Commonwealth of the Northern Marianas, Guam, Kiribati, the Republic of the Marshall Islands, the Republic of Palau, and from each of the four States of the Federated States of Micronesia.

Organizers are hoping that Nauru will send at least a few competitors next year but that country has not yet made any commitments, possibly due to Nauru's planned participation in other regional Pacific games that will take place at nearly the same time.

January 19, 2014 is the deadline for each country to submit the number of competitors it will enter for each of the sports. Countries will have until March 20 to provide the specific names of the competitors.

Currently Pohnpei is planning on staging 10 sports that will be open for both men and women—Track and Field, Basketball, Micronesia All-Around*, Outrigger Canoe (Va'a), Softball, Swimming, Tennis, Indoor Volleyball, Weightlifting, and Wrestling.

Baseball and Spear Fishing, the other two sports on the agenda, will be limited to male competitors.

Organizers are considering the possibility of adding Table Tennis which is sometimes known as Ping Pong, and Football which is also popularly known as Soccer to the list of sports that they will stage. Lt. Governor Peterson said that the organizing committee is waiting on word from a potential donor

who may be able to provide tables for a Table Tennis competition. He said that he was surprised to hear that they cost approximately \$8000 each.

Bob Spegal, who is helping out with the organization of the games said that the biggest problems with hosting football competitions are the logistics of the number of people on each team, and also an appropriate venue for competitions. He said that the committee has spoken with the College of Micronesia whose future plans include the construction of a football facility at the National Campus. They are awaiting word on whether that facility might be completed in time for the Micro Games next year.

The logo for the games is essentially the same as it was for the 5th Micro Games. Organizers said that they had a contest for a new logo but that all of the entries they received incorporated the iconic rings of the Olympic Games and had to be eliminated because the Micro Games are not allowed to use the rings.

The Games Organizing Committee is divided into four sub-committees: Accreditation and Results, Accommodation and Transport, Fundraising and Finance, Meals and Entertainment, Media and Broadcasting, Medical, Program, Protocol, Security, Sport Competition, and Venue Maintenance.

* For those who are not aware, Micronesia All-Around involves efficient coconut husking, fast climbing of coconut trees, and accurate spear throwing. Some Micronesia All-Around events have also involved underwater diving, and swimming competitions.





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Fourth group of caregivers certified

Palau Community College

August 8, 2013

A fourth group of ten new caregivers was certified on August 07, 2013 at the Continuing Education (CE) Training Room of Palau Community College (PCC). Senator Rukebai Inabo and Minister of Health Gregorio Ngirmang were present to commend the caregivers alongside PCC President Patrick Tellei, CE Dean Willy Wally, and Dr. Sylvia Osarch.

At present a total of 46 caregivers, divided into four groups, have been certified by this training program: (first group) Analyn L. Custudio, Audrily Osarch, Baily Nanawa, Benita Gabriel, Dechol Ngchar, Edward Charles, Eleanor Manor, Heidi Yoach, Jenifer Teliu, Jovanna Imengel Ito, Lemerie Tatingal, Lsau Masayuki, Miriam Chin, Razel C. Cuenco, and Yolanda Doktok; (second group) Alvina Marcil, Evalind Adelbai, Federica Balasbas Bukringang, Felomina E. Medina, Julita Tellei, Fraulein Rengiil, Malintha Wasisang, Mercy F. Ricky, Nora T. Nanca, and Rodora Atibagos; (third group) Huana Nestor, Melinda Wasai, Marivic K. Damian, Lizle C. Delos Santos, Morris Philip Apresto, Camille M. Reyes, Luzviminda Gatdula, Jugie Lea C. Montano, Villy C. Candari, Jennifer Mulsima, and Annabelle Tuquero Selario; (fourth group) Petra R. Glenn, Gloria L. Camacho, Sarina Taguba, Edna B. Dematawaran, Danilo S. Calanan, Cheene Jane T. Arbis, Cherlita T. Arbis, Rose Ongalibang, Rebecca Liguton Crausus, and Gemma P. Sison.

Dr. Osarch has been a dynamic force in the development of this program. She was involved in research that surveyed the condition of bedridden patients in Palau. The research found that about 400 individuals on the island were bedridden with a majority being of old age. A training course was formed through the collaborative efforts between PCC and the Ministry of Health based on a model provided by Dr. Ritabelle Fernandes of the Geriatric Education Center at John A. Burns School of Medicine—University of Hawaii. Geriatric is a

branch of medicine that focuses on the medical care of elderly individuals.

During the graduation of the fourth group, Dr. Osarch shared her vision for the program with Senator Inabo and Minister Ngirmang. She believed that caring for bedridden individuals, especially the elderly is not only a personal obligation but a cultural expectation. She believed that people who take upon care-giving duties should be compensated for their efforts, like the babysitters being compensated through the funding provided to the Palau Community

Action Agency (PCAA). Senator Inabo and Minister Ngirmang expressed willingness to support the program as well as promote its continuity.

The Care-Giving Program is a free training program open to all who are interested. Classes cover topics about care-giving such as personal hygiene care for patients, food management, and personal stress management for caregivers. Persons interested in participating in the program may visit the Continuing Education Office at Palau Community College, or call 488-2470/7471 ext. 237 or 488-6223.



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Disaster Risk Reduction (DRR) training for the FSM

Secretariat of the Pacific Community

The Federated States of Micronesia's (FSM) Office of Environment and Emergency Management (OEEM) is coordinating for the first time Disaster Risk Reduction (DRR) training for personnel from a range of national stakeholders including government and non-government organizations. The training is an essential activity to building the capacity of the FSM to protect lives and property from the risks posed by the disasters.

The training course has been developed and will be facilitated by staff of the Pacific Disaster Risk Management Program (PDRMP) based at the Applied Geoscience and Technology Division (SOPAC) of the Secretariat of the Pacific Community (SPC). The course is one of a suite of eight courses supported by The Asia Foundation (TAF) through the ongoing assistance of the US Government through the USAID Office of US Foreign Disaster Assistance (OFDA). "The FSM appreciates the continuing assistance of SOPAC and USAID OFDA through The Asia Foundation for the series of capacity-building courses delivered to our emergency and other allied personnel over the years," says Andrew Yatilman, Director of the FSM Office of Environment and Emergency Management. "The Disaster Risk Reduction training is vital to building greater capacity in the FSM for the protection of lives and property from disaster risks."

This introductory Disaster Risk Reduction course provides participants with an understanding of the rationale and principles of risk reduction. The course utilizes Pacific examples to illustrate how risks are identified and how decisions about risk reduction measures are reached. Through their attendance, participants will develop an understanding of the multi-disciplinary nature of Disaster Risk



Reduction, its crucial role in adapting climate change, and will identify ways to implement DRR Principles in their day-to-day work. An outcome of the training will be the development of Action Plans by participants for their organisation to integrate disaster risk reduction considerations into planning processes to ensure that development investments and gains are protected from disaster risks.

The training was held from Wednesday 24th July to Friday 26th July 2013 at Yvonne's Hotel Conference Room.

...Firearms

Continued from front page

Acting Governor Marcelo Peterson said that the Port Authority is on the forefront of Pohnpei's economic development. He said that the training would qualify the Port to participate in more development prospects.



He also thanked the Port Authority for including Pohnpei State Police officers in the training, the first of its kind.

Ronald Reyes served as the master of ceremonies. Nelperson Etse, General Manager of the Pohnpei Port Authority presented a short summary of the history of the Port Authority and outlined some of the Port's future plans.

At the closing of the ceremony, those in attendance gathered for a group photo.



COM students create art on a large scale at Pohnpei library



Photo by Christina Madison

Students of Greg Navitsky's summer Art class at The College of Micronesia painted a mural on the side of the Pohnpei Public Library in mid-July. The library had approached Navitsky about the possibility some time ago and he incorporated the project into his curriculum. It was their final project necessary to pass the class.

Students designed the mural and painted it on a weekend in mid-July.

The 10 students in Christina Madison's Speech Communication class at the College joined forces with the Art class to make the mural happen.

Sponsors for the project were the Western and Central Fisheries Commission which donated \$200. The Pohnpei Fishing Club also donated \$200, Ace Hardware donated paint, brushes, and other supplies. Yvonne Neth provided spray paint. Other donors also provided some material but did not want to be named.

Navitsky also recruited children who were at the library to help him repaint the nahs on the grounds of the library.

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It is the policy of the FSM Development bank that FSM citizens be given first priority for employment consideration with other Micronesians, U.S. citizens, and other nationals utilized in positions for which no qualified citizens are available.

Opening Date:	August 01, 2013
Closing Date:	August 30, 2013
POSITION & GRADE:	Loan Officer, Grade 4
LOCATION:	FSM Development Bank, Kosrae Branch
SALARY:	\$16,515.20 minimum per annum, Higher Salary may be Considered Depending on Qualification

GENERAL DUTIES AND RESPONSIBILITIES (Illustrative only):

1. Provides information regarding the Bank's services, functions, loan procedures and business advantages to potential customers and clients.
2. Interviews applicants for loans and compiles all necessary data regarding the client's proposed project. Informs clients regarding the Bank's requirements and standards for loans. Negotiates and explains terms and conditions of loans to applicants. Issues applications and other lending documents. Assists applicants in completing the documents and/or direct them to appropriate agencies for assistance. Ensures that all loan applications are properly documented.
3. Assesses the economic and financial viability of proposed projects in terms of management experience, technical abilities, marketing, and financial capabilities. Conducts detailed feasibility studies regarding proposals as necessary.
4. Compiles information and prepare loan packages in standard formats for review by the Branch Manager and Credit Committee.
5. Administers the disbursement of loan funds to approved projects.
6. Ensures that borrowers fulfill the terms and conditions set out in loan document and lending guidelines. Monitors projects progress via reports and with visits to the project.
7. Pursues the collection of loan payments on current and delinquent loans. Provide assistance to clients with problem accounts within the established policies and procedures of the Bank. Report progress regarding such loans to the Branch Manager and implements instructions accordingly.
8. Promotes Bank's business and develops recommendations to market the Bank's services in the local community.
9. Other responsibilities as assigned.

QUALIFICATIONS REQUIREMENTS:

Bachelor's degree in Accounting, Finance, Business Administration, Economic or related field from a four-year college or university; plus one to two years related work experience and/or training. Ability to read, analyze, and interpret general business proposals, technical procedures, or governmental regulations. Ability to perform economic and financial analysis on loan packages. Ability to write reports, business correspondence, and procedure manuals. Ability to effectively present information and respond to questions from clients/customers, and the general public. Ability to work with mathematical concepts such as fractions, percentages, ratios, and proportions to practical situations. Ability to interpret a variety of instructions furnished in writing, oral diagram, or schedule form.

FILING INSTRUCTIONS:

All applications, curriculum vitae, and at least three letters of reference shall be completed and submitted to: The FSMDB Kosrae Branch Office or to the FSMDB Corporate Office in Kolonia, Pohnpei with mailing address as follows: FSM Development Bank, P.O. Box M, Kolonia, Pohnpei FM 96941 by mail; by fax to 320-2842 or in person at the FSM Development Bank's Corporate Office in Kolonia, Pohnpei on or before August 30, 2013.

Tagged tuna recaptured after 13 years on the run

Secretariat of the Pacific Community

A bigeye tuna has been re-captured, nearly 13 years after it was originally caught, tagged and released as part of a scientific experiment.

The 100 kg tuna was caught 1000 km east of Fiji and the tag returned to fisheries scientists in Noumea.

The monitoring program is organised by the Fisheries Division of Secretariat of the Pacific Community (SPC) as part of a research effort to maintain the health and sustainability of the tuna fishery in the Pacific.

Scientists say that 13 years on the run is close to a record period of freedom, in a tuna-tagging programme SPC began in the 1970s.

Bruno Leroy, a fisheries scientist with SPC, says trained teams catch and release thousands of tuna after fitting them with a numbered plastic tag and recording its species, size, condition, tagging date and location.

"This fish is a great find," he says. "Recovering the tags is crucial to the success of our programme because they provide information on the growth, movements, natural mortality and fishing mortality of tuna, and help us estimate the status of tuna stocks and the impact of fishing."

"The fish was an old fellow, at least 15 years old, and its recapture is of great value for us as an indication of the longevity of bigeye tuna."

The tag, a conventional yellow plastic dart tag, was fitted to the back of the fish in October 2000. Scientists were surprised that it was retrieved very close to its release position (see map).

The tag was found by Samuela Ratini, a crew member of Taiwanese vessel San

Sai FA No 12, and recorded by the ship's observer, Sitakio Semisi from Tonga. SPC helps train observers who are stationed on foreign tuna fishing vessels in the Pacific, where their job is to count, measure and identify all tuna taken by the vessel.

Tuna fishing is the biggest industry in the Pacific, worth \$5 billion per year. It provides food, employment and income to the 10 million people living in the region.

"Monitoring fish populations is a big part of keeping a check on tuna," Bruno Leroy says. "This is the world's biggest tuna fishery and Pacific countries have to manage the fisheries to keep them sustainable. In 2006 we launched the biggest tuna tagging program in the world."

"Since then we have tagged close to 400,000 fish and over 60,000 of these have been recaptured. Recovering tags gives us information that is critical for estimating the status of tuna stocks and the impact of fishing."

Tuna can be fitted with different sorts of tags: conventional plastic tags or electronic tags that record information about the tuna and the environment in which a tagged fish lives.

With funding and operational support from Papua New Guinea, the French Global Environment Facility, Australia, the European Union, France, New Zealand, the United States, Korea, the Western and Central Pacific Fisheries Commission and Heinz Australia, the programme has tagged fish from Indonesian waters in the west right across to French Polynesia in the central Pacific.

Australia is one of the major supporters of SPC, which has a mission to provide scientific advice to the 22 countries and territories of the Pacific. SPC assists these countries on issues such as development, health and the environment.



Pole and line fishing for tuna tagging, 1990

US provides \$7 million in compact grant assistance payments in July

Embassy of the United States of America Kolonia

In July, the FSM Department of Finance received Compact Grant Assistance payments from the United States Government totaling \$7,020,984. These payments were for Compact Sector Grants and Supplementary Education Grants as listed below:

Education Sector Grants	\$2,380,845
Infrastructure Grants	\$1,483,144
Supplementary Education Grants	\$1,334,948
Health Sector Grants	\$1,245,000
Capacity Building Grants	\$ 293,047
Private Sector Development Grants	\$ 150,000
Environmental Sector Grants	\$ 75,000
Enhanced Reporting and Accountability Grants	\$ 59,000
Total Amount	\$7,020,984

This amount is provided as support and development to the States of the FSM and the FSM National Government as follows:

National Government	\$1,385,793
Chuuk	\$2,123,912
Kosrae	\$ 702,414
Pohnpei	\$1,624,052
Yap	\$1,184,813

The U.S. Department of the Interior (DOI), Office of Inspector General provided Accounting and Auditing Review training to the FSM National Public Auditor, the Pohnpei State Public Auditor, and their staffs from July 10 – July 12. Claire Wyly and Elvin “Morris” Wooden from the Honolulu Field Office of Inspector General conducted the training. Nineteen participants received training in Accounting Basics, Risk Assessment, Sampling, Auditing Standards, Performance Audits, Inspections and Evaluations, Internal Controls, and Single Audit Overview. Each participant received 24 CPE credits (Continuing Professional Education). Ms. Wyly and Mr. Wooden continued to Kosrae State to provide the training during the week of July 16 – 18. They will return to FSM in mid-August to provide training for the Public Auditor’s office in Yap, then on to Palau. The funding for the trainings is provided through a Technical Assistance Grant from the DOI’s Office of Insular Affairs. The \$100,000 grant funded training opportunities for auditors and investigative staff in the Commonwealth of the Northern Mariana Islands, American Samoa, Republic of the Marshals Islands, Republic of Palau, Guam, and the Federated States of Micronesia.



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DEADLINE FOR SUBMISSION OF PROPOSALS IS AUGUST 15, 2013
For more information, please contact: Nora E Sigrah, FSM Development Bank, at email: noras@fsmdb.fm, phone: 691-320-2840, or fax: 691-320-6653

K Press Perspective

Just a couple of dangerous “A” words

It's not unusual to see the remains of single car accidents in Pohnpei. They tend to accumulate most often during the weekends. We see the inevitable victims of the weekend—hulks crushed against immovable objects, or at least objects that once seemed immovable until a 1500 or 2000 pound car slammed into them at high speed. We gasp at vehicles splayed on the roadside, wheels in the air like puppies whose bellies need to be scratched but not nearly as happy.

We marvel at how a car can be perched on top of a fire hydrant that is surrounded by concrete barriers designed to protect it. We wonder how a car could possibly have a head on collision with a fence that runs parallel to the road; or how a car could land on the top of a hill several feet above the other side of the road when the hillside is nearly vertical.

We slow down as we pass. We cluck our tongues. We shake our heads, and we know—even though it's not possible to know for certain just by looking at the remains of an accident—we KNOW that alcohol was involved in the accidents, probably because alcohol usually IS involved in single car accidents.

Last weekend (the weekend that began on August 2) was a banner weekend for single car accidents. In the course of about a day and a half there were a total of five single car accidents within a small geographic area of Pohnpei. I only personally saw three of the wrecked vehicles on the side of the road but I have seen photos of the others. There may have been more accidents in other areas of Pohnpei but I don't know about them.

One is too many.

One of the accidents happened while my wife and I were at Genesis Medical Clinic waiting for our grandchild to be born. When we returned, there was a small car leaning at a 45 degree angle against the severely bent guard rail above our house in Sekere. We figured that accident might not have been related to alcohol consumption since it's the second vehicle in a month to have been in a similar position. We figured that the accident was a result of the severely undercut road 12 or so feet above one of the rivers that flows around the small peninsula of land on which our house sits.

When we passed, the wheels that were off the ground were still attached to the vehicle. They weren't there by morning much to the dismay of those who have come to try to retrieve the vehicle since then.

On the next day, as we travelled to Genesis to visit our new grandson we noticed that yet another car had crashed into a tree on John Sohl's property. If trees could cringe I would bet that the trees on John's property cringe every time a car comes by.

I can certainly understand that. I do a lot of cringing on Pohnpei's roads both when I drive and when I walk. It's not just the alcohol thing that has me worried, it's another “A” word—“arrogance”. Arrogant drivers falsely aggrandize their adroitness behind the wheel. Lacking any sense of altruism they drive aggressively and quite often with animosity. They tend not to recognize that they have avoided accidents in the past due only to aleatory alignment of the planets rather than their great skill behind the wheel.*

Combined with alcohol, arrogance is a vehicular time bomb, and ANYONE, not just the arrogant driver, could be the victim.

Arrogant drivers are unpredictable:

- An arrogant driver might stop in the middle of their lane and have a nice conversation with someone while cars line up behind, sometimes in both directions.
- They might drive 15 kilometers per hour or they might drive 80 kph.
- Arrogant drivers will pull into oncoming traffic with nary a glance.
- Arrogant drivers tend to ride right up on the bumper of the car in front of it because, of course, the driver in front couldn't possibly have to stop suddenly to avoid an impediment like a kid whose ball has bounced into the street at dusk, and the response time of arrogant drivers is lightning fast.
- They tend to pass multiple cars on blind curves. If an oncoming car comes at them they will force their way back into their proper lane no matter who is there. Once they are done passing everyone they passed that was going the speed limit they will be two blocks from their destination and put their right blinker on and stop in the lane to let out a passenger (and no, I'm not necessarily talking about taxi drivers, although if the shoe fits).
- Arrogant drivers who have been travelling at 20 kph will suddenly speed up to 60 kph if you try to pass them in a safe spot. They will glare at you as you pass or maybe even go so far as to flip you off.
- Arrogant drivers will drift into the wrong lane when it is convenient for them to do so such as when there is a pothole in their own lane or if the road curves to the left. They will do so without regard for approaching vehicles that are, of course, expected to make way for them.
- Arrogant drivers will not watch their rearview mirror to help their passenger know when it is safe to open the car door.
- Arrogant drivers make no allowances for pedestrians, who, everyone knows, have the right of way no matter how stupidly they act.
- They turn left from right turn only lanes, or cut through the parking lots of businesses as a means of passing vehicles waiting lawfully for their turn at a stop sign.
- Arrogant drivers are easily distracted by cell phones, or radios, or car stereos.

Traffic laws are most certainly not for arrogant drivers.

Actually, traffic laws are specifically for arrogant drivers but they need not fear. Those laws are almost never enforced. Arrogant drivers are free to do their worst with impunity, no fear of repercussions.

It's the rest of us that must fear.

****Arrogance is also what is displayed when a writer purposely chooses to use words that few people understand, some of which are not even in the MicroSoft spell checker both to show that he can, and also to provide a demonstration of arrogance. Fortunately, arrogant writing is not nearly as dangerous as arrogant driving but it is equally unpleasant.***

What I said above is that arrogant drivers are selfish drivers who believe that their driving skills are so good that they couldn't possibly have an accident no matter what they do. They believe that they have never had an accident before because they drive better than most people rather than because they have previously been lucky.

There are other “A” words I could have used as well but I think I'll leave them to your imagination.

New Peace Corps director arrives on island



Embassy of the United States of America Kolonia

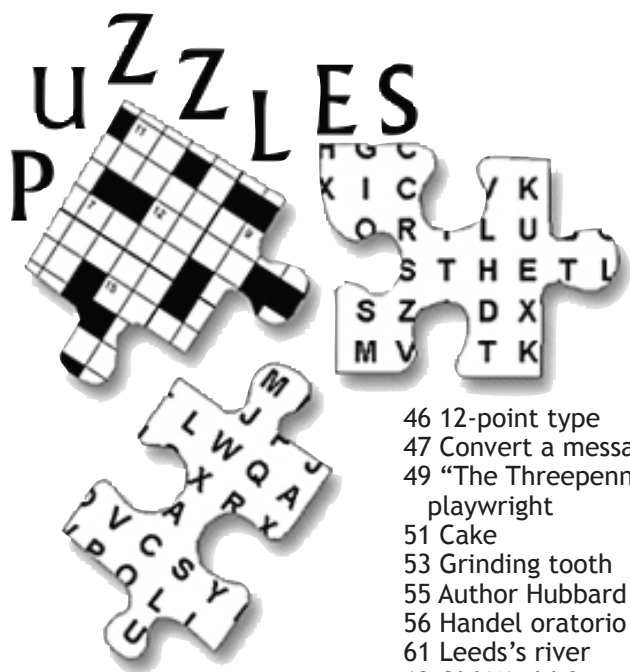
August 8, 2013

Robert Reid arrived in Pohnpei July 17, 2013, and began his work as Country Director of the US Peace Corps (PC) in the Federated States of Micronesia and the Republic of Palau. Mr. Reid has nearly forty years of experience in both the government and non-profit sectors. Prior to his selection for his current position, he spent over five years as the Resident Country Director in Mongolia for the Millennium Challenge Corporation (MCC), where he was responsible for \$285 million in projects. The Government of Mongolia awarded him eight medals, including the Presidential Friendship Medal. Before his transfer to MCC, Reid was USAID's Senior Development Advisor to the US Special Operations Command in Tampa, Florida. He has worked for USAID and non-profits in Bosnia & Herzegovina, Macedonia, and Tajikistan. As Associate Director for International Operations with Habitat for Humanity International, Reid supervised projects from East Europe to East Asia and the Pacific Islands, including Fiji, Papua New Guinea, Solomon Islands, Vanuatu, and the Cook Islands.

Mr. Reid started his international development career as a Community Development Peace Corps Volunteer, helping to form local community groups to assess community needs. As the Chief of Operations for the Europe, Mediterranean and Asia Region of the Peace Corps, Robert worked with staff in Washington and 21 countries that stretched from Morocco to Mongolia to the Philippines to develop agency and regional policies, and to implement programs involving 2000+ Volunteers and staff.

Robert started the Peace Corps program in Bosnia & Herzegovina, and also served with Peace Corps as Country Director in Uzbekistan and Jamaica, Programming and Training Officer in the Dominican Republic, acting Administrative Officer in the Dominican Republic, Training Director in Tuvalu, and Project Director in Fiji.

Mr. Reid is joined in Kolonia by his wife, Jinny Chun, an Attorney Advisor with the US Department of State. His three children are grown, and he has two grandsons in Fiji. His best languages are Fijian and Spanish, and he is a founding member and past vice president of the Friends of Fiji. Robert looks forward to using his decade of experience in the Pacific Islands to work closely with the people and officials of the FSM and Palau to ensure that the Peace Corps responds effectively to local needs.



- 46 12-point type
- 47 Convert a message
- 49 "The Threepenny Opera" playwright
- 51 Cake
- 53 Grinding tooth
- 55 Author Hubbard
- 56 Handel oratorio
- 61 Leeds's river
- 62 Old World fruit tree
- 63 Plantain lily
- 64 Graycoats
- 65 Moslem leader
- 66 Terminator
- 67 Ancient ally of Sparta
- 68 Carry
- 69 Indian princess

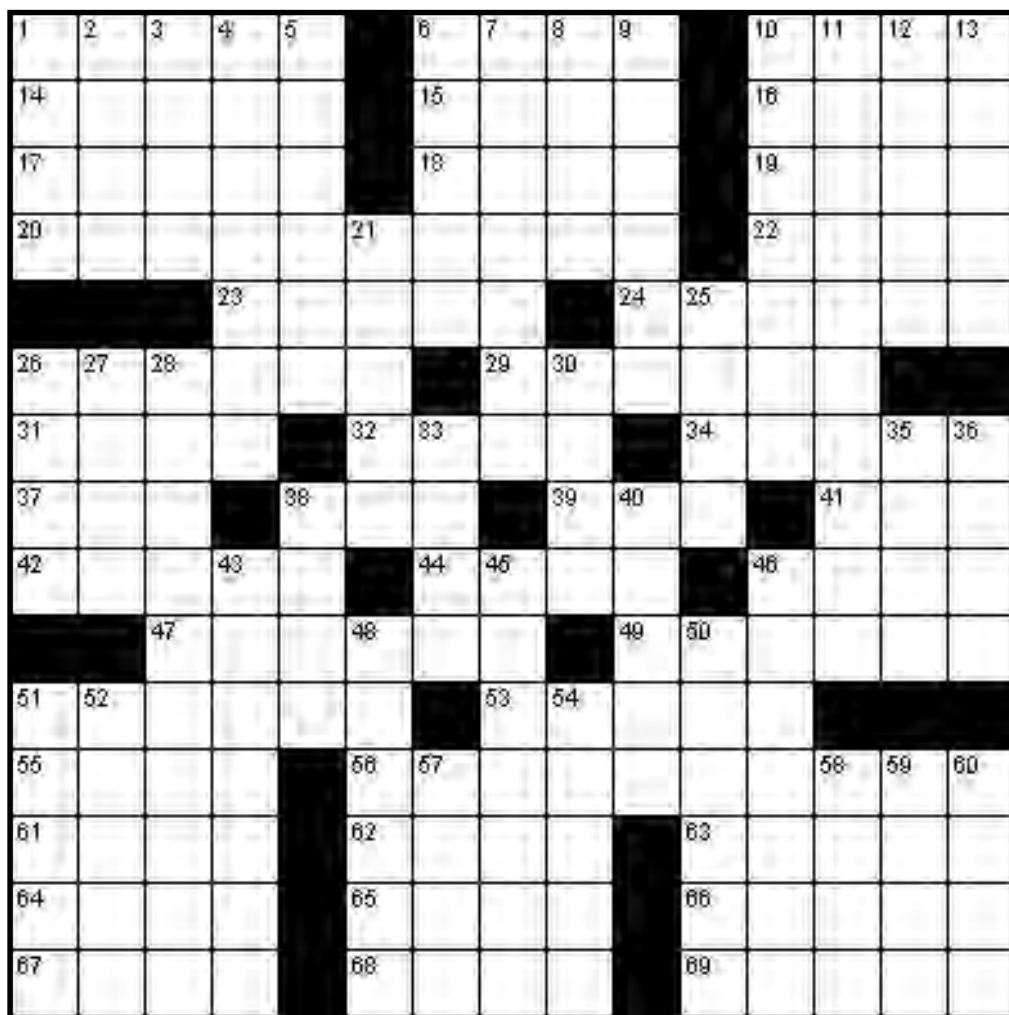
ACROSS

- 1 Low-priced
- 6 Troubles
- 10 Food for hogs
- 14 Spanish poet and playwright
- 15 Grandson of Methuselah
- 16 Showing a fancy for
- 17 Foreigner
- 18 One of the Gospels
- 19 Crockpot concoction
- 20 Five-foot line
- 22 Cork's place
- 23 Fine fiddle
- 24 Ship's officer
- 26 Kingdom in the Himalayas
- 29 Basic food
- 31 Infrequent
- 32 Island near Kauai
- 34 Melville adventure
- 37 Pen point
- 38 Like some vbs.
- 39 Sgt., for one
- 41 It paves the way
- 42 Astral hunter
- 44 Inkling

DOWN

- 1 Thunder sound
- 2 Dig this!
- 3 22 across, poetically
- 4 Film maker?
- 5 Lightweight hat
- 6 Shoreline irregularity
- 7 Like a boor
- 8 Superior, e.g.
- 9 Himalayan guide
- 10 Penny-pinching
- 11 Germicidal
- 12 Metric unit
- 13 High spot
- 21 Big house
- 25 Doing
- 26 Chief city of Moravia
- 27 Tresses

Crossword



- 28 Papal blessing words
- 30 Air
- 33 Unproductive
- 35 Apiece
- 36 Proof word
- 38 Quipu maker
- 40 Transmission medium
- 43 Unity
- 45 Fault
- 46 ___ non grata
- 48 Commencement

- 50 Bacon serving
- 51 Hostile look
- 52 Posthumous Plath book
- 54 Game played with deck of 40 cards
- 57 ___ sapiens
- 58 High spd. phone line
- 59 Suit to ___
- 60 Run quickly

Word Search
- Fun Time -

- ball
- bench
- carousel
- children
- enjoyment
- frisbee
- grass
- hopscotch
- jungle gym
- ladders
- laughter
- monkey bars
- nannies
- pail
- parents
- sand box
- seesaw
- slide
- smiles
- spring horse
- sunhat
- swing



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 Ref. 12570 PRICE: \$3,950 MITSUBISHI PAJERO IO Year 1998 AT 1,800cc PETROL Mileage 67,000km Color Silver	 Ref. 13040 PRICE: \$6,000 FORD ESCAPE Year 2004 AT 3,000cc PETROL Mileage 77,000km Color Silver	 Ref. 13058 PRICE: \$4,400 CHEVROLET BLAZER Year 2001 AT 4,290cc PETROL Mileage 61,000km Color White
 Ref. 12913 PRICE: \$5,960 ROVER DISCOVERY Year 2002 AT 4,000cc PETROL Mileage 67,000km Color Dark Blue	 Ref. 12406 PRICE: \$7,590 JEEP CHEROKEE SPORT Year 2002 AT 3,700cc PETROL Mileage 78,000km Color Silver	 Ref. 11614 PRICE: \$4,880 NISSAN DATSUN TRUCK 1 ton Year 1998 MT 1,990cc PETROL Mileage 131,000km Color White
 Ref. 12511 PRICE: \$8,210 TOYOTA HILUX 1 ton Year 1995 MT 2,770cc Diesel Mileage 61,000km Color White	 Ref. 13146 PRICE: \$6,020 NISSAN ATLAS 1.5 ton Year 1994 MT 1,990cc PETROL Mileage 58,000km Color White	 Ref. 12851 PRICE: \$5,720 NISSAN ATLAS 1.5 ton Year 1996 MT 1,990cc PETROL Mileage 93,000km Color White

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- For information on Alcoholics Anonymous call 924-9197 or email lonestarihelicopters@yahoo.com
- Pohnpei Lions Club meets monthly every 4th Tuesday at Kia's Restaurant at 6:30 p.m. Public Welcome.
- The Christian Ministerial Association of Pohnpei meets the third Wednesday of each month at 10:00 a.m. in Cantero Hall at the Roman Catholic vicariate office.
- Devotions every Sunday 9:30 a.m. at the Bahai Center in Dolonier. For details, call 320-4015.
- Habitat for Humanity Pohnpei holds their meetings every Tuesday from 11:30 a.m.-12:30 p.m. at the Sei Restaurant.
- Soccer practice/games at PICS field Monday, Tuesday, Thursday 5:30 p.m. Everyone welcome.
- The Rotary Club of Pohnpei holds its weekly meetings Thursdays at 12:15 p.m. at PCR Nantehlik.
- St John's Catholic Church in Kosrae conducts services every Sunday at 9:30 a.m. For further information, call 370-3240 or 370-3209.
- FANGO holds its monthly Issue Based Dialogue (IBD) on the last Wednesday of each Month at the Sei Restaurant at 12:00 p.m. to 1:00 p.m. The public is welcome.
- The Rotary Club of Truk Lagoon holds its weekly meetings every Wednesday at 12:00 Noon at the High Tides Restaurant. You are welcome to attend and can contact us at:
 - rotarycluboftruklagoon@yahoo.com
- Pacific Mission Fellowship - A Bible-based English Worship Service Invites you to join us on Sundays for worship at 9am - 11am, Children's Church for the kids too!. Call: 320-2496

IFCP continues project on the outer islands

By **Mona J. Tara**
Island Food Community of Pohnpei

The sun came out in the early morning of July 9th when the MV Voyager arrived in Sapwafik. Representative from Island Food Community of Pohnpei met with women leaders of each section prior to the inspection of the Pandanus project. The pandanus project is an AusAID grant given to IFCP to plant 1000 pandanus plants on each of the outer islands. Sapwafik and Nukuoro islands have already planted 1000 pandanus varieties on each island.

The women's group of Sapwafik planted pandanus in April 2013. On this trip IFCP had good exercise walking on the beach inspecting their good work. July 11, 2013 brought the MV Voyager to Nukuoro island and it was a busy day for the Nukuoro community. The next day, the community place was crowded with people for community meetings and the project inspection. It was a long and hot day when IFCP rep and Nukuoro rep visited the planting sites. Pandanus have been planted along the shoreline to prevent sand/land erosion.

Both islands extended their thanks and appreciation to IFCP for the pandanus plantings.

A big thank you and appreciation is given to the Australian Embassy for the funding of this project.



Planting pandanus to prevent shore erosion & provide food security on Nukuoro

Island Food Community has a new website!

By **April Turner**
Island Food Community of Pohnpei

Thanks to the fantastic effort of volunteer web design Ms. Eiko Yoshida, Island Food Community of Pohnpei has a new and improved website. The website features information about the Go Local! campaign, nutritional value of island foods, recipes, news and research, awareness raising projects and how to get involved and take action.

The website has been designed to connect with our Facebook page and Flickr photo

gallery to ensure up-to-date information is available on the website through user-friendly online tools. It has been a big process of improvement over several months, involving many people, and we have dealt with a number of issues especially with functions that allow people to donate or pay membership fees. We will continue to add research and resources, as well as, photos and recipes and welcome feedback from the public.

The IFCP new website will provide a valuable and trusted resource when you need it. It also boasts improved navigation for users to find our awareness raising materials, events, publications, videos, recipes and work, more easily. So check it out and bookmark your Let's Go Local Island Food information now!

WEB site

<http://www.islandfood.org/>

Photos on Flickr

<http://www.flickr.com/photos/98330495@N07/>

Videos on YouTube


<https://www.youtube.com/user/LetsGoLocal>

Photos on Pinterest (coming soon!)

<http://pinterest.com/IFCP/>

Facebook page

<https://www.facebook.com/IslandFoodCommunityofPohnpei>



在ミクロネシア日本国大使館
Embassy of Japan in the Federated States of Micronesia

EMPLOYMENT OPPORTUNITY AT EMBASSY OF JAPAN

Number of Vacancies: 1 (one)
Position Title: Secretary
Job Description: Provide assistance to general affairs division and accounting, consular, and administration division of the Embassy of Japan.

Qualifications:

- FSM citizens or non-FSM citizens with FSM Entry/Work Permit
- Fluent in English. Japanese Language skill is preferable
- College-educated or higher qualification holders
- Possess computer skills (Microsoft Office, Internet research skills)

Salary: Based on qualifications
Closing Date: August 31, 2013
Employment Date: Mid September 2013

How to apply:
Applicants must send a resume either in English or Japanese, 1 photo and a copy of your degree or proof of your most recent employment.

Selection process:

- a) Those who pass initial document screening will be notified to come to the Embassy for interview and short English writing tests.
- b) The Embassy will inform the final candidate around mid-September 2013.

For info visit: <http://www.micronesia.emb-japan.go.jp> • Call 320-5465/6366
• Email: japanemb-consul@pi.mofa.go.jp
**Please note that the Embassy will NOT contact those who do not pass the initial screening*

www.islandfood.org
www.islandfood.org A new look for IFCP

Sei (Soursop) Drink

Ingredients

1 ripe soursop fruit
½ cup cold water
6 calamansi

Method

- Peel the soursop, remove the black seeds and cut it into chunks
- Put it with the cold water and the calamansi juice in a blender and mix until it is smooth
- If you don't have a blender you can extract the juice by squeezing through a strainer, add water and calamansi juice and stir well

Health Notes

- The best way to enjoy this refreshing drink is chilled!
- Soursop is a good source of potassium, calcium, vitamin B and C.
- If the taste is too sour, you can add ½ cup of coconut water or coconut milk. Try to avoid adding sugar for health reasons.
- Do not eat the black seeds – large quantities are poisonous.



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Efficient appliances



CFL, OR BETTER STILL, LED: CHOOSE THE RIGHT COLOR!

If you are still using incandescent light bulbs (those with the filament inside), you can save 75% of your lighting cost by replacing them with compact fluorescent lights (CFLs). Choose the "warm" color if you want a cozy feeling, "daylight" if you want a cold "office" light. LED lights consume even less than CFLs, 30-50% less.

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